

**THE "NEW" TECHNOLOGY**

by Rich Spirit

Look at the most recent technological inventions: cable TV, pagers, cellular phones, the internet. What do all these have in common? You cannot own them, you have to pay every month to use them!! No wonder the big corporations are inventing more of this worthless crap! They can keep charging forever, as long as you keep using it. Ever since I started being a long distance truck driver and having to live on a lot less money, I can't believe all the stuff that is advertised to try to separate us from our money--and keep us in slavery.

**ANGRY VOTERS**

by Rich Spirit

The Republicans gained control of Congress in 1994 by capitalizing on what the media called the "voters' anger." But what are people really angry about? Some statistics:

Real wages have not increased in this country since 1973!

In 1980, 1% of the people controlled 30% of the nation's wealth. Now, 42% of the wealth is controlled by 1% of the people. The average worker now toils 30 days longer per year than he did in 1968!!

The reason voters are angry is that they have been working away at this wage-slavery every since the start of the industrial revolution. Now, with wages stagnant for almost 25 years, they see that working harder and longer hasn't gotten them anywhere! All the money is going to that 1% money-elite. Now this group is paying off the politicians to convince the masses that the GOVERNMENT is to blame for everyone not having enough money (when it has been a goal of the money-elite all along to siphon off this wealth for themselves). Thus the "angry voters" vote in a bunch of money-elite puppets who want to dismantle government regulation of big

business so it can continue its exploitation of workers without scrutiny.

What the voters need to do is stop listening to the media (they lost their true investigative spirits long ago) and think for themselves. They need to realize that this whole thing is part of the money-elite conspiracy to own everything and everyone's time. We should be getting mad at that 1% and not wasting time screaming about the government. We ARE the government; we can control it; we can abolish it!! But we'd better figure out a way to control the money-elite or we will be in slavery forever!!

from Southern California  
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**Give Away Your Power?**

We can control the money-elite by *not giving* them control over us. If we learn to live with very little money, they will have *very little* control. If we choose to have a government; we give away our Power, our Liberty and our Freedom! We give away our Life if they choose to have a war.

If we put the blame where it belongs . . . on our self . . . for obeying their rules, then we can make some immediate changes in our self. That little decision gives us back our Power! We don't have to control them, we merely need to learn how to live outside the realm of their power tool, money.

We can change our own understanding and our own actions. We can begin to break free, as we learn to live using less money. Those who control money -- control the World . . . if we continue to use money.

**The World Needs You!**

When I was busy in the Rat Race trying to make enough money to keep my bills paid to support a wife and three kids, I had no time to think about a solution to the world's problems. Nor time to write and publish those ideas. The world badly needs more good people to drop out and put their hearts into helping get things straightened out. The successful people who allow themselves to remain addicted, to the making-

more-money Game, are missing a much better Game, the PES and now the PIS, and perhaps a better Game still, that *they* might design.

**Bangladesh**

For some reason they changed the name of East Pakistan to Bangladesh, some years ago. That country is famous for the superior quality and the abundance of its rice. What kind of rice do you suppose the local people get? They get a poor quality of rice that is imported.

The quality of the roasted Spanish peanuts now available in the US, is very poor. Where do you suppose *our* top quality peanuts are going? I miss them. Our stores sell us apples from California and Washington. Minnesota raises far superior apples. Where are they going? I expect the trucking and shipping industry likes all this, switching products back and forth, bull shit. This old switch-er-rou is just another of the little tricks of the money-elite.

**Support Government?**

Then you are supporting a loser. Every business which goes deeper into debt each year (already around five trillion dollars) is bound to go broke. They *always* have! Then you will have very tough times if you are dependent on government or on money. If you take the time and effort to study the Profit/Wage System, as some of us already have, you will also discover the fact that we would all be better off without *any* government. You may discover that it is more fun to be self-sufficient and Free to do as you please, than to be controlled by people who can't even control themselves. You can't trust anyone who buys \$400 toilet seats. You may find it more fun to think and *do things* than to watch other people pretend to do them on the bube-tube.

**Debts?**

Being in debt puts one in a very scary place. If you lose your job and are renting, you have just about two months to find another job or you are out on the street. If you are buying a home on a mortgage you may have six months to

find a job before they can evict you.

But there is a catch, with a mortgage. Once they start *foreclosure proceedings*, the only way to keep the house is to refinance the whole mortgage balance (if you can find a bank that will take you). So you see that most people who are in debt today are just about two months away from being "Street People." That is a shocking realization! Can you see the *POWER* that gives their employers?

### Exodus

Some people have become disgusted with living in an ant hill (a city).

People living in a city are easier to watch, control and starve.

For a little food, starving people will do whatever they are told to do. Some aware people, who are practicing the Personal Independence System, are now buying themselves enough land in the country to raise their own food and fuel. Some are moving to it. Others are holding it for the day they will need it. Buy at least 5 acres, 40 if you can afford it before the prices go up. When pension funds and government welfare are all bankrupt, these back-to-the-land people will not go hungry. There is plenty of land for everyone. It just takes money to acquire it, sometimes as cheap as \$300 per acre, if you get at least 100 miles from a big city. In 1980<sup>1</sup> there was 7.28 acres of food-growable land for *each* man, woman and child on this earth. Besides this, there are the deserts, mountains, swamps, lakes, rivers and oceans that people also live on. We don't have to wait for a revolution to get Free! A PIS in the bush is better than a PES in the hand. As for me, I'm going to try to take my PIS in the sea. I suppose you've heard this one: "Every little bit helps." said the mouse, as he peed in the ocean.

### No Government!!

After people learn to take care of themselves there will be no one that needs to be taken care of by a government. Then we cease to

need a government. When each person takes care of their own needs, *that* will be, "For the greatest benefit to all."

The survivor-type people who are putting their money and efforts back on the land, don't farm for profit . . . because the crop price-controllers won't allow the small farmers enough profit to survive. These new farmers do survival-farming and learn to thrive without the expensive equipment of the farmers who went broke. People survived with primitive farming methods for thousands of years. I've seen them do it on the islands of Ibiza and Formentera off the coast of Spain. People are learning to do it again. It is much more satisfying than farming with machines. I *almost* did it last year with my 20x50 foot organic garden, except I rented a Rototiller. The second year I could have mulched instead of tilled. Your first year, I think, you need to get rid of the sod cover.

Survival-farming is just a big garden with enough animals to provide for your own needs. If you read the "One Straw Revolution," by Nasanobu Fukuoka and "Gardening Without a Backache," by Ruth Stout, you'll learn how to do it without plowing, cultivating or using poison sprays. You'll use mulch and manure.

### Money?

If you come to the point in your thinking, where you no longer believe what the mass media is telling you, and if you are able to see that the Profit/Wage System *allows* the "rich to get richer and the poor to get poorer," and allows the people who Profit most, to cause the wars, starvation, pollution, stealing and high taxes, and if you can see that "money" is the main tool used to control people, then you may be ready for a PIS.

The people who control money . . . control government . . . and thus control your life! Do you call this Freedom? This used to be called Slavery! But our attention has been cleverly diverted from this fact by our wild dashing for the shiny toys they constantly offer us in *their* mass media (the opiate of the people).

### PIS Summary

The idea of the Personal Independence System is to learn how to become independent of the need for money and government and thus gain control of your own life.

1. Decide on a more self-sufficient lifestyle than the masses use.
2. Stop absorbing the mass media.
3. Destroy your credit cards.
4. Get rid of all your debts.
5. Keep track of every penny you spend and what you spend it on.
6. Re-evaluate each item. Decide which items to quit buying.
7. Put that saved money securely away. Let it pile up. Run your fingers through it occasionally. You will be surprised at how good it makes you feel.
8. Begin thinking and looking for something to *invest* that money in. Invest in something you have some expertise in and can have some control over. Then *wait* for a good buy. Let your money work for you and begin to multiply itself. Use *The System -- To Beat The System!*
9. Learn how to improve your skill in your job to get more income. Or learn the skills for a better paying job. The more you make, the sooner you can drop out and be independent.
10. The more you learn to provide for yourself with *less* money, the sooner you can drop out. Being out of the Rat Race gives me 24 hours per day of free time to learn how to enjoy life more. Then at my leisure I find more ways to be self-sufficient and now need even less money and thus can stay dropped out longer and have the free time to think and write.

If you're not a back-to-the-land type person, figure out what you can accumulate to trade for food and rent (or taxes) should the bottom drop out of government and the value of money and you suddenly find yourself, jobless and homeless.

### Be prepared!

Those who are getting prepared are the people who, because they stopped absorbing the mass media, are not running scared any more. They are not paranoid like the people who are buying guns and bullets. They are taking the positive approach and are learning how to grow their own food, build their own shelter, how to stay healthy and make their own clothes. They are learning one step at a time. They find this a joyful pursuit. They don't have to spend money any more for entertainment. They feel more secure and happy because they can see what the Profit Game is all about and are taking steps to get out of it.

<sup>1</sup> FAO Production Yearbook, 1981, Vol.35, by Food and Agriculture Organization of the United Nations.

"If you are not part of the problem -- you are part of the solution!"

These drop-outs and the potential drop-outs are communicating with each other. They write and/or read underground papers when they find some that are supportive and helpful.

They no longer waste their lives thinking about or fighting government. (POLITICS IS A MAJOR ACT IN CAESARS CIRCUS.) They give it as little support as possible. Laws and government are useless if people no longer believe in them. Government loses more supporters with each of the dumb acts of its politicians and bureaucrats.

#### For Thinkers

PIS is for people who like to do as they please. But, thinking ahead a little . . . if we all achieve independence on our own piece of land without using any money, how are we going to get that computer or even typewriter that we may want? Will some people be tempted to steal one? Will we really be able to eliminate money entirely? This is a pissar of a question.

Let's see . . . with ones own mini-farm it won't take many hours per day to be self-sufficient after you get your homestead all set up and organized. We would then have everything that we need to survive without a guaranteed annual income provided by a government. We would provide our own guaranteed annual survival.

With all the leisure time we would then have, we would most likely enjoy taking some time to run some of the interesting production machines or cooperate in some other way to produce the things we couldn't produce by our self. In the PIS everything would be free of charge. Stealing would be unnecessary as would all the other evils of the Profit/Wage System.

Write to me, if you can see any hitches or bugs in this PIS.

#### Letter to Editor

Dear Ernest,

Last month marked the 20th anniversary of my writing down every expense every day. And I am debt free. Thanks in part to your writings of encouragement and empowerment, I quit my job and will live on my savings for a few months. Grabbing some

Freedom because I can. Maybe that will help me figure out what to do next.

I just tried to "ftp" your book FREE I GOT via the Internet<sup>2</sup>. It was easy to find and receive, but the file was not readable by my computer.

Later: In my letter to you a few days ago, I got it wrong when I said there was a problem with getting your books via ftp. It was my fault for not doing a couple of things that more experienced ftp-ers would have done. Now I have it working just fine.

H.B.

MD

Dear Ernest,

I agree with the save/invest idea with a decent job and no debt. I am doing just that.

8-Ball-- I know a guy-- good friend-- who I went to college with. He always lived with some type of part time job to have a bit of extra cash. He always spent it, got credit cards and rolled up a small debt. I warned him back then to "stop the madness" otherwise you will find yourself earning \$30k plus and still be in debt. Today . . . my friend did not listen . . . he is earning \$30,000+ per year for 1 1/2 years, has a larger debt and not much to show for it, except maybe 50 lbs. of extra weight . . . not a car or house or much of anything. I've tried to warn him many times . . . so I can understand your plight on that level. Some people you can't change no matter how hard you try . . . I tried for 6 years!!

I read in the paper that 70% of people with credit cards carry a balance and that the average \$ owed by these card holders is \$3,000+!

D.W.

FL

*Editor's comments: Yes. People who refuse to listen to reason, have to learn the hard way. Some don't seem to even learn the hard way.*

#### Book Review

THE LAST OF THE MOUNTAIN MEN, by Harold Peterson. Belmont Tower Books, 1975. This interesting book tells how one man got by on very little money and lived a peaceful and happy life.

#### Underground Paper Reviews

GROUNDSWELL, Thomas C. Mullian, Box 174, Prospect Park,

2 ftp etext.archive.umich.edu  
pub/politics/essays Freeigot.txt.gz  
Irobot.txt.gz Compressed with GNU Zip.  
Look in the directory "/gzp".

PA 19076-1307 (\$10/year) A monthly 12 pages. #5. After reading a few paragraphs, I couldn't put it down. It is a refreshing intellectual exercise! The four syllable words slowed me down and made me think more. It is heartening to find good writers who also possess intelligence and can see through the mass media con-job. That is a rarity. It's reinforcing! The world dearly needs it! Get it! Let's give it our encouragement to continue. Each issue is a masterpiece. I have just read the first five issues. Try to get all five. They are classics.

FACTSHEET FIVE, R. Seth Friedman, Box 170099, San Francisco, CA 94117-0099 (\$3.95 at news stands. \$6. postpaid for sample) #57 has 144 pages with thousands of review listings. This is one of the oldest and best directories of underground papers. He gives a review of each paper and makes it easy to find the kind of paper that you are looking for. Or if you write one, send him a copy to review.

#### Back Issues of LFP

Back issues of LFP are as current as this issue and are available from:

Dryan

Box 640

Elk River, MN 55330

Send him a stamp for an LFP back-issue catalog-sheet that has a review of each issue and prices.

#### Books

My two books, I WAS ROBOT, 1990, \$7.95 and FREE I GOT, 1993, \$8.95 (both postpaid) are available from:

Marathon International Book Co  
Box 32

Madison, IN 47250-0032

#### Subscriptions

The LFP seems to be coming out about twice per month. The LFP is "free" but you pay the postage for each issue.

U.S.A.: \$0.32, Canada: \$0.52, Mexico: \$0.46, All others: \$1.00

Please pay with US stamps, US money, check or IRC's for as many future issues as you desire.

#### Copy

If each reader makes copies of this paper and passes them out and if the people who receive your copies do the same . . . we will plant a lot of PIS seeds. If we plant enough seeds, a few will grow. Don't push drugs, push the PIS on to your friends.

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# What Would Happen?

**I**f people stopped using money? **I**f they stopped making payments, i.e. rent, taxes, mortgages, loans, etc.? **I**f mostly everyone (including policemen and soldiers) stopped, who could collect or kick us out? **I**f people quit taking money for their work? **I**f they then produced an essential product or service for mankind, or else learned on-the-job, a skill that was essential? **I**f people took control of their jobs and made their work into a real fun place to be? **I**f the people who worked on the big farms produced the food for free? **I**f everything was free, who would need to steal? **I**f we worked for fun, not for money? **I**f we produced for people, not for profit? **I**f we started talking to everyone about it? **T**o wars and pollution if there was no profit in them? **I**f you used your ideas and energy to help? **T**o governments, when people start loving each other? **W**hat would happen?

Art: Carol Gatts

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### More Taxes?

The politicians and bureaucrats squandered (and pocketed) money they didn't have and now they want the taxpayers to pay more taxes to pay off the 5 trillion dollar loan the politicians borrowed from the rich-guys and gals.

We are such naive fools to pay all the taxes needed to hire a government to rule us and waste our money. We could waste it ourselves and have some fun doing it. Hell! I can rule myself, can't you? We must appear like a real dumb flock of sheep to the rich guys. Just dumb sheep to be herded, fleeced and slaughtered.

And it is true! We keep ourselves distracted from this awful truth by doing what *their* schools taught us to do . . . "OBEY!" We get their further instructions from the mass media and from our Boss at work. We don't really know how to live a Free person's life. I am not really very good at it yet. Instead of really getting free I write this paper and commiserate with my brother and sister slaves. We all complain but seldom really do anything to make our own self, Free and Happy. What is it like to be happy? I'm not sure I know.

### Do You Belong?

What groups do you belong to? Have you ever stopped to think about what it means when we say, "I belong to this church, that lodge or that party." We are actually saying that we belong to them. We are their possession. And what does that mean? It means that we must obey and do what the group advocates. Would that make you a Free Independent Being (FIB)?

I have belonged to many different groups in my days. I never realized the significance of that word, "belong." Of course it means *owned by* or *the possession of*, whoever controls the group. Now I only belong to me!

### "What Should I Do?"

You know people who are always asking this. They make perfect slaves. They will always be slaves unless they address that question to the right person . . .

them self. Then they will have to start thinking and figuring things out for themselves. Then they have a chance to get Free too.

### Mind Conditioning

It seems logical that there are several different levels of mind conditioning. The Rich (except; for the super-rich Elite who are in control) are probably conditioned to do what rich people do, by the kind of stuff they read, watch and the kind of music they listen to. I expect the controllers try to keep these Rich people far too busy, spending their money on entertainment, to take all the Free time that they could have; to stop, study and figure out what life is really all about. The people who have money, power and the know-how to accomplish things are a very dangerous group, to the controllers.

The super-rich don't want their capable rich managers to rebel and help make changes.

No! So they make the rich people think that they must keep moving all the time and spending lots of money on themselves. They especially don't want their managers and ex-managers to discover the truth about how good the world could be for everyone, if we stopped absorbing the media mind-conditioning and figured things out for our selves.

On the several different income levels, right on down to the welfare level, they have the mind conditioning adjusted to suit the level. With their polls they know which kind of media each level absorbs.

From the poor people right on up the scale to the manager class, the people think that they are thinking their own thoughts. Very few of them realize how suggestible they are and how much of their thinking and beliefs have been cleverly implanted in them by the mass media and the customs they have conformed to.

### Personal Utopia

In my PU, I was a very low-rung-on-the-ladder manager. I

managed a one man business. I learned how to make money. By pure luck (getting angry at the System) I retired at age 42 back in 1969. 1969 was when my self education began. I slowed down. I smelled the flowers. I observed the clouds. I soaked in the sunshine. I talked to birds and animals. (I talked with people too.) I quit walking so damn fast. I observed. I read. I traveled.

My PU got much better as I started to see how the Profit/Wage Game is *really* played. Far different than I was taught . . . that hard work and honesty got one to the top of the ladder. After I found writers who had already made these discoveries, my evolution accelerated.

The truth is pretty simple . . . they keep us too damn busy to really define "wage-slavery" and make the astounding discovery of what *slavery* is all about. When you take pay -- you must obey! If people discover that, they might look for a way to ESCAPE!

### Your Own Boss

Being ones own boss is so much cheaper than hiring a government to boss you around. Being ones own boss is more profitable than working for a boss who only pays you a tiny portion of your productivity, for your labor. Take the champion exploiter of the USA for the year 1984, the Mesa Petroleum Corporation. They took \$397,400 from *each* of their 700 employees' productivity and paid *each* of them only a pittance for it.

### Personal Independence System

I was telling a young man about the PIS and he said, "But, that's Communism, isn't it?" I told him it isn't Communism because all Communist countries use or used money and governments. "Oh!" he said, "Then it's Anarchy!" I told him I supposed it could be called Anarchy, but the common definition of Anarchy is lots of bomb throwing, killing and chaos. And that is not what PIS is all about. The word Anarchy, today in 95% of the underground media means simply a world without government. All the media forgets to tell us that people would be so happy

without government that they would have no reason to throw bombs or cause confusion. Very few advocates of Anarchy go any further with their definition than to just wish to get rid of government.

They rarely go into what the economics would be like, in an Anarchy.

If we still used money, the big corporations would have armies and they would fight the other corporations and *force* the populace to buy their products. Not many people would like that kind of Anarchy.

Many of the present Anarchists, would like to throw bombs and fight what they hate. And they do! They seem to think that everything would be just dandy if there was a void where government now sits.

People are afraid of Anarchy, and for good reason. They need to know how they are going to get their bread and butter. People know that a void refuses to stay empty and that someone would jump back into Power!

But with PIS we focus on how to get our own bread and butter and ignore government. Government can't continue to exist after people see that they can get along better without it. And to see what it really does . . . it supports and protects the super-rich Elite people.

#### Learn to Live With PIS

We'll be able to see that the Elite will cease to have *absolute Power* over us when we learn to live with the PIS. The taxes that we pay, supports the political machine that is oppressing us. We pay much of our wages for taxes to support the guards who force us to pay taxes, for the guards who suppress our strikes when we attempt to get a fair share of our productivity and for the guards who break up our demonstrations when we attempt to tell the government what we want it to do or not do.

Can any government be: "By the people, for the people and of the people?" No! Of course not! Government's main purpose is to control the slaves and collect the taxes to enable it to continue *and* to enable the Elite to live in luxury without working.

Whosoever controls money . . . controls government!

Whosoever controls government . . . controls the people!

PIS is the best answer I've seen yet! So let's quit the bullshit and get down to the nitty-gritty of some ways to get Personal Independence. When you get some PI you can say "Piss on it!" to a lot of this crap. It will take us a while to get total PI but we can each grab a little more PI as we figure out ways to get it. We can share the little tricks we learn with each other and thus accelerate our evolution into Free Independent Beings (FIB's). Every trick we learn gets us a little freer.

#### Beat the System!

We can use the Profit/Wage System to beat the P/WS.

As I've said before:

1. get rid of your mass media because it is the umbilical cord that connects you to the mind-conditioners
2. get rid of your credit cards
3. get rid of your debts
4. learn ways to save money
5. invest it in something you have some expertise in and can control
6. don't buy entertainment
7. entertain yourself; by learning more, to earn more.
8. then very soon you'll have enough surplus money to drop-out for a while and have the free time to figure things out for yourself. You are a whole lot smarter than you think!
9. if you have kids . . . home school them so they won't develop slave mentalities like you and I did. See LFP #122 about Swiss schooling.
10. when you need more money you can drop-back-in and make some more. It gets easier once you learn how.

#### Start Your PU

This PIS all boils down to the here and now living in the P/WS.

To get your PU started:

1. keep track of every penny you take in and every penny you spend
2. try to find a way to increase your income

3. try to figure out which expenses you can live without, so that you can start saving some money from whatever income you have now

4. try to figure out how to get rid of all your debts. recent back issues of LFP have more suggestions

5. operate on a strict cash basis. Don't charge anything or take out any loans

6. buy no processed food. buy or raise the ingredients and prepare it yourself (it's fun!)

7. subscribe to papers that give tips on how to save money or write your own underground paper on the subject

8. get some free time to do the above by selling your TV and VCR and stop buying the newspaper

#### FIB's Do It Better

With my hand powered grain grinder (Corona, Landers & CIA.S.A. made in Columbia, S.A. I wish someone would send me the distributors address in or near Salt Lake City, UT) I grind oat groats, field corn or wheat for my breakfast cooked cereals. It tastes better, is more nutritious, is fresher and is about ten times cheaper than packaged cereals.

I often buy two pounds of hamburger, make it into patties and fry one and put the rest into freezer bags and freeze them. When thawed out they taste as good as fresh meat.

When I lived in the woods without electricity, I fried all the meat patties and sealed them up in 1/2 pint canning jars. I had the jars in boiling water before I filled them to kill most of the germs. I had buried a cooler about a foot below the surface and my food kept a little longer there. The patties would keep about 5 or six days before they spoiled. There are many little tricks we can learn if we tell our little old minds to get to work for our FIB. It is doubtful that you will learn PI in front of your bubby-tube, from a tape or a CD.

About the only spices I use are salt and pepper. There is no food that I have to hide the flavor of, in order to eat it, although I sometimes put catsup on french fries. Force of habit, I guess.

I've taught my taste buds to learn to enjoy the natural flavor of whatever food I'm eating. So I don't need expensive spices. I don't think that there is any food

that I dislike. You can do wonders with your mind. It is a gradual process. If you don't like a food, you just have it once in a while and as you eat it try to identify its own individual flavor. After a while you'll actually enjoy that individual flavor. It makes food buying a lot easier and cheaper when you like all foods. Then in your PU you won't become extinct like the dinosaur.

Just look at the kids today who have been brain-washed by the media to only desire pop and pizza and some other expensive garbage. Do they put addictive chemicals into these foods like they put cocaine in 5 cent bottles of Coca Cola 60 years ago? My, my. How the price of cocaine has gone up.

Do you suppose some of the additives in the foods today are addictive, especially in pizza?

#### Dissimilar Foods

I've also learned another trick with foods from some health food books I've read. That is *not* to have dissimilar foods at the same meal. A variety of foods confuses the different enzyme glands and digestion does not get properly completed, so one must eat a lot more to get satisfied.

My main meal at noon is only meat with just salt and pepper and no beverage. Because I don't do a lot of physical hard labor I only seem to need about a fourth to a third of a pound of beef at a meal. I need a little more of the white meats. I don't feel hungry after this meal either. Perhaps my stomach has shrunk. I must be getting enough to eat because I'm healthy and have about 10 pounds of excess fat.

My sympathy goes out to the folks who have been brain washed to be afraid to eat meat, when I bite into a juicy sizzling T-bone steak. Meat gives one the backbone of courage needed to go against convention and seek Freedom and to believe in their own ability to learn to take care of them self.

At supper time I usually cook a vegetable or eat some fruit. Sometimes I make stew or soup. I have my coffee and sweets in-between meals.

Occasionally I have a regular kind of meal if I eat out, but not very often. This kind of diet has

kept me healthy for the last twenty years or so. My body requires a lot less with this diet because it is able to utilize more of it. You don't learn this kind of stuff from the mass media. Why? Because it wouldn't sell many products!

#### My Life

After I finally got that used glass, to repair my storm windows, I got the job done and all the storms put in place. I didn't bother to wash them, nor the mobile home windows. I can still see out. That's good enough for me.

Cutting old glass is a little tricky and I wasn't as careful as I could have been and broke two pieces while cutting it. In two storms I put two pieces of glass in each and put some glue and wide Scotch tape on the joint. You can hardly tell. Someday I'll find some free glass and do a proper job.

I had bought some shrink-plastic film to put over the inside of the windows at a rummage sale for about 1/4th the new price, so I put that on too. The more trapped air spaces one can make over a window, the better it holds the heat indoors. In my mobile home the storm windows are on the inside of the trailer. I glued a 1"x1/8" strip of wood around the parameter of the storm frames to create a one inch thick air space. I applied the plastic over this. Then I shrank all the wrinkles out with a hair dryer. That should help lower my heating bill this winter.

With that job done I bought a fishing license. I was *unable* to locate a reasonably priced boat and trailer or find a good used fishing rod. Yesterday I was ready to buy a new fishing rod until I remembered seeing the river frozen up already. So now I'll soon need a short ice fishing stick instead. That will be cheaper.

#### Fun Time

I have written that I have 24 hours of free time each day to have fun. It is true, but I get caught up in doing my routine things and seldom ask myself what I could do to have *fun*. So I seldom actually have fun. I am contented with my life, but I don't often feel joyous. I can see that that is my own fault. Today I'm going to make a note on my daily schedule to figure out something fun to do today -- and do it.

I drove to Minneapolis the other day when I was trying to think of something to do to make me happy. I got over my blues on the two hour drive. I had lunch with a friend, shopped at the co-op grocery and did some dumpster diving. Found 2 refrigerator shelves to use for cookie racks, a dust mop and a glass two quart bottle. I always dump the milk out of the cardboard carton and put it into a plastic container, otherwise it soon tastes like cardboard. Glass will be better.

#### Happy

I'm contented but I'm going to focus my time for a while on becoming HAPPY. I'll try to devote the whole day to this pursuit. Not for the good of the world, this trailer or grandson. Just for little old me! How selfish can I get? I'll try and see!!! If everyone did this, there would be no one out there trying to cause trouble or that needed fixing.

I'll take some quiet thinking time right now, before breakfast and see what I can think of to make me happy.

I can take a look at the condition of my cuticles to gauge my present tension and stress levels.

#### Fun

What would be fun for me to do this afternoon?

1. read a novel
  2. go fishing
  3. bake bread
  4. drive to St. Cloud for a vacuum cleaner impeller
  5. do more work on fish stick
  6. take a walk and buy nails
  7. make a nut cracker
  8. read National Geographic
  9. have cookies and ice cream
  10. make ham-hock and bean stew
- (Do you see how us drop-outs can control our time, better? We don't have a job that interferes with our plans.)

I made this list of things that might be fun to do and tried a few and I think I had fun. I was doing some things I wanted to do. I walked to Marv's Wood shop and looked in his free wood-scrap box. I got some wood scraps and made a box and mallet for cracking nuts and made a fishing stick. Very good jobs. I made a smoked ham-hock stew with navy beans, onions, garlic and potatoes. It turned out delicious and pleasurable on a number nine level! I have enough left over for four

more meals that will only need to be warmed up. Do all old men get lazy? So I feel really good about myself this evening, even though grandson is not very communicative today. I let that be his problem -- not mine.

### Ham-hock Stew

Thanksgiving Day. Today, I'm going to try again to think of fun things to do. Yesterday I made an uninspired list of things I thought would be fun to do. None of them rang a bell when I wrote them down. I studied the list and one item looked a little more promising than the rest. So I did it. As I got into it, I put all my attention into it. I felt good doing it. When I finished it, I did feel quite satisfied with my work and had a little extra good feeling. This happened with three projects; making an ice fishing stick, a nut cracking box and mallet and making and tasting the ham-hock stew.

I don't know if that was happiness or not. I don't rate it as high as joy. Maybe happiness needs to be rated on a scale of one to ten. Ten being the height that brings tears of joy? This is something that will take lots more thought and experimentation to understand better.

I have always just noticed that my FIB either felt good, felt nothing or felt bad.

I hope I can remember to focus on my feelings (emotions) and be able to determine what level I'm at; any time I ask myself the question, "What level, between one and ten on the happiness scale, am I at right now?" Then it will be up to me to remain at that level or learn how to change that. I'll try to learn not to be dependent on the circumstances but on my ability to change those circumstances or else I'll change my "thinking" about them.

### What is happiness?

Is happiness a feeling (an emotion)? Does it contain other positive emotions, such as feeling: assertive, bold, carefree, clear, compassionate, concerned, considerate, conspicuous, decided, definite, determined, dramatic, earnest, ecstatic, effective, effervescent, eminent, empathic, energetic, enthusiastic, excited, ex-

pressive, forceful, fulfilled, heavy, important, insistent, intelligent, intense, light, love, passionate, peaceful, pleasurable, positive, powerful, rapturous, resourceful, satisfied, sensitive, sensuous, sentimental, special, strong, superior, sympathetic, thrilled, vigorous, vital, etc.

Does unhappiness contain negative emotions, such as feeling: agitated, anger, anxious, depression, disturbed, dogmatic, dumb, fear, frantic, hate, hopeless, hysterical, impotent, inferior, insensitive, insignificant, muddled, negative, nervous, non-effective, sadness, sorrow, stressed, suffer, temperamental, tense, terror, undecided, upset, weak, etc. These emotions are "thoughts" that we believe at certain moments.

Is happiness then a collection of emotions that are of a positive nature to the person doing the thinking?

Are these emotions just thoughts we have about something, someone or about our self?

We can change our thoughts, therefore we can change how we feel, i.e., we can change our emotions.

Is happiness just a basket containing one or more positive feelings?

Is happiness just the *degree* of feeling (from one to ten) we have about a positive feeling (emotion) we are experiencing at the moment?

Is happiness merely the *measure* of the intensity of an emotion?

Maybe instead of asking myself if I'm happy at any given moment, I should ask myself, "What degree (from 1-10) of happiness am I experiencing from this feeling (emotion) of love I got right now?"

Would it be less complicated to just say, "How *good* do I feel about this love I'm experiencing right now, on a scale of 1-10?" I could then define happiness as, "feeling good" about an emotion.

Even if I had a lot of big words at my command to describe happiness, I doubt if I would understand happiness any better.

The same thing could be asked about my negative emotions. I could ask myself, "How angry or how muddled do I feel, on a scale of 1-10?"

If I would take the time to do this once in a while, it would wake-up my FIB to where I'm at and give me the opportunity to change that feeling or to intensify it.

I'm sure that some people will think these discoveries of mine about happiness are on a very young child level of intelligence. And so they are. They are ideas that should have been taught me when I was a child. But here I am a grandfather at age 68, just struggling to learn about myself. I find happiness at about a #7 level in discovering these thoughts about defining happiness.

### PIS

I guess these thoughts on happiness would be a part of the Personal Independence System. We would wish to be happy even in the PIS that we create.

### Back Issues of LFP

Back issues of LFP are as current as this issue and are available from:

Dryan  
Box 640  
Elk River, MN 55330

Send him a stamp for an LFP back-issue catalog-sheet that has a review of each issue and prices.

### Books

My two books, I WAS ROBOT, 1990, \$7.95 and FREE I GOT, 1993, \$8.95 (both postpaid) are available from:

Marathon International Book Co  
Box 32  
Madison, IN 47250-0032

### Subscriptions

The LFP seems to be coming out *about* twice per month. The LFP is "free" but you pay the postage for each issue.

U.S.A.: \$0.32, Canada: \$0.52, Mexico: \$0.46, All others: \$1.00

Please pay with US stamps, US money, check or IRC's for as many future issues as you desire.

### Copy

If each reader makes copies of this paper and passes them out and if the people who receive your copies do the same . . . we will plant a *lot* of PIS seeds. If we plant enough seeds, a few will grow. People will be happy to have a PU.

Reprinting Permissible **FREE**  
11-27-95 Ernest Mann



**Underground Paper Reviews**

F.U.N. (Family Unschoolers Network), Nancy & Bill Greer, 1688 Belhaven Woods Court, Pasadena, MD 21122-3727 \$6/yr. #1. This looks like it will be a very fine newsletter. They also have a comprehensive catalog of home schooling books.

GROWING WITHOUT SCHOOLING, 2269 Massachusetts Avenue, Cambridge, MA 02140. This is one of the finest and oldest of all home schooling newsletters. I think John Holt started it. They also have an excellent catalog.

YOUR FREEDOM, John Haynes, Box 54562, Oklahoma City, OK 73154-1562. #1. (\$2) This new 8 pager is right up our alley. It looks like we will be talking about the same things, only John's paper has a nicer format. It might even sell on the news stands. Let's support it!

**Book Review**

CALL TO ARMS, Alan Dean Foster, Del Rey Books. (1991) I enjoy most of Foster's books. This story really focused on a theme you see a lot of in the books that get published by the big publishers. That theme is that humans just love to fight and kill and they really get a bang out of wars. That theme is repeated so much in books that I'll bet many people believe it.

In the 26 years I have been retired I have had a lot of time to really get to know a lot of different people from all walks of life. I don't buy this theory! I think people must be coerced or bribed into fighting wars. Sometimes they are made angry or scared to get them to fight.

There may be a few kids who were abused when they were little who do fit that stereotype but it certainly is not the norm.

Why do you suppose they are creating this illusion? Does it make these "little" wars they are now staging, acceptable? Does it make war seem like a natural inevitable part of civilization that can't be changed?

I can not believe that all these people I've met in my 68 years have a hidden desire to be violent and kill.

We are gullible because we wish to be honest and believe others wish that too. So we believe the con-artists who make big Profits from war and destruction and we go to war for them in the name of Patriotism or Religion.

These Profiteers are not bad people . . . they are just experts at playing the Profit Game. They may have been programmed by *their families* to think of "people" as dumb sheep to be used any way necessary to make more Profits. It may not be too late for us to get up off our knees and stand on our own hind-legs and begin to learn the Personal Independence System (PIS).

**Get Smart!**

If we ever get smart, we'll play a Game where everyone will be a winner. Then we won't ever be a loser any more! A Cooperative Game, not a Competitive Game! The Priceless Economic System (PES) or the PIS would both be better Games!

Even the Profiteers will have more fun in these new Games. They can still win because we will all be winners then.

Then instead of remaining ignorant and dependent on Profiteers and government, people will learn Personal Independence (PI) and create their own Personal Utopia's (PU'S).

Then the smarter quicker-witted Elite won't have so much responsibility. Live and let live.

If we quit feeling so scared and incompetent and start feeling our Independent Power (IP) we can begin to ignore the commands of the Elite and do our own thing.

An area, a nation or a planet of independent people with no government would be very difficult (if not impossible) to capture and control, by dictators or aliens.

In novels and news they try to make us believe that people are violent. That creates fear. They may even hire people to commit crimes to prove their point. Then they can make us believe that we need a government to protect us from those bad guys.

Government doesn't just "attempt to control" the *bad* guys. No! They spend most of their time taxing and controlling the good

people who don't need it. We allow them to tax us to death. We allow them to waste all that tax money!

They channel us with prices. The poor people go to the low priced places. The middle class go to the middle priced places. The rich go to the expensive places. The Elite go wherever they damn please. Is this Freedom? For who?

I have reduced my taxable income low enough so that I don't pay income taxes and buy very few new things, so I pay very little sales tax and I don't vote. So I support government very little. I write this newsletter!

I obey laws enough to keep out of jail and use my own judgment on what is right and wrong. That gives them one less slave and creates one more nearly Free person. The more Free persons that the masses see, the more courage they may gain to take the bull by the tail and look it right straight in the eye. They will look at our lifestyles and copy the one that looks best.

This is the war I am fighting, without fighting anyone, except my own inertia. It is a tough fight to get my own ass into gear and think up enjoyable things to do with my time. I have already taken my divorce from the mass media so I have lots of Free time to do as I please.

**Letter to:**

Pat Earl, 20149-148, Box 1000, Lewisburg, PA 17837. Pat publishes "The Satin Shoe," from prison, I think. He sent me his #2 issue of 20 pages of easy to read type and layout. (no price listed) Contents was not my thing but he (she?) must be on a very good wave length to reprint a pocket size 30 pages booklet of indepth description of Anarchism. It was written by Libertarian Workers for a Self-Managed Society, Box 20, Parkville, 3052, Melbourne, Australia and Anarchist Media Institute, Box 6, Alphonington, 3078, Australia. I would guess that Pat may have more copies of her reprint. No price listed.

Dear Pat,

Your reprint of "Anarchism Towards the 21st Century" was a splendid idea. Here are a few

of the parts of their description of Anarchy that I have trouble with.

*First:* I find it hard to believe a true Anarchist would *belong* to any kind of organization. That would be a contradiction in terms.

*Second:* To elect fellow workers to represent them is another contradiction. We have already tried that! Representatives are a *foothold* for the power hungry to get control.

In the PES each person who worked at a place of production would have his or her own vote in any decisions that needed to be made. If the vote went against a person's better judgment that person could withdraw their labor and give it at another place where they could find agreement.

In this way decisions would be based, not on profit or advancement of a worker, but on producing the best product possible with the least resources and the least labor.

Places of production would not be owned by the state, private corporations or by anyone. But would be built by people's labor and would be operated by people's labor. They would be used, not owned.

*Third:* It lacked the following: In the PIS we would each learn to provide for our own needs, i.e., become independent of the present system. That would be how we would set ourselves Free. When you take pay -- you must obey!

As everyone learns to take care of them self and their family, there would be no one needing or using a government. We would not be wasting our energy, time and resources defending our selves.

We do not need to overthrow the government and take control of the army. That would lead to too great a temptation. We just stop feeding government money, labor and conflict. Government grows on all three of these foods.

The big Corporations will collapse when we quit buying their junk and quit giving them our labor. Bucky Fuller said that 90% of their products are unnecessary.

The state will collapse when we quit giving it our money, labor and votes.

With the multiple progression of numbers (*after* we learn to live with little money), we'll be examples. Others will see that we are surviving better, with little money. Monkey see -- monkey do. Everyone wants a better way. These new

examples will multiply our exposure. We merely need to find Independence for ourselves and the sheep will soon follow.

To find cheaper ways to live is not illegal, so we won't be harassed, while the giants crumble.

There is plenty of land for everyone, and cheap too if you get at least 100 miles from a large city. Some can be bought with a small down payment but if you save up some money you can buy it cheaper with cash. We'll use the system to beat the system!

I must *not* be an anarchist because I have yet to find a description of anarchy that I can agree with.

#### Letter to Robert Coles

Dear Mr. Coles:

I read your article "The Disparity Between Intellect and Character" in the September 22, 1995 issue of "The Chronicle of Higher Education." You tell in an interesting way about a problem regarding character that you were brought face-to-face with by one of your students.

I think I have a solution to that problem.

I don't pretend to be schooled. I graduated from a farming community high school with a salutatorian rank. I graduated from an 18 month Business Administration course at Minnesota School of Business in 1948. I dropped out of the U. of Minnesota in my third quarter. I worked as a real estate salesman for twenty years and ten years of that time I was also a real estate broker. I made enough money to support a wife and three children and retired in 1969 at the age of 42.

I feel I succeeded in the *practice* of economics. Now I try to teach economics in my 26 year old newsletter, the "Little Free Press." A copy is enclosed. I don't feel I have been much of a success in teaching.

I have not *worked for money* since 1969 except for the last two years. My money supply was down to \$6,000 so I put that to work investing in real estate here in Little Falls. It worked for me and I did carpenter work on the houses I bought and made a little pile of money and am retired again from money making.

In the past 26 years I have traveled extensively, read a lot, discussed much and lived different lifestyles and spent very little

money. I've had lots of Free time to observe the system, people and nature and think about what I've seen and I write about it.

Those are my credentials, my sheepskin.

Now for the problem. People are mean to each other and they are pissing in their own drinking water supply.

Why? Because there is more PROFIT in doing bad things than in doing good things. For example: There is more profit to have sickness than health, war than peace, auto accidents than no accidents, obsolescence than classic. I could show a page of examples.

The real problem is that we are playing a real dumb economics game. Basically people take pay for their work and must pay for the products and services. There are a few great winners, a few mediocre winners and billions of losers. This could be called the Competitive Game. As Buckminster Fuller once said, "We need to be playing a Game where everyone is a winner!" This would be a Co-operative Game.

I designed a cooperative system and later discovered a few other people had also. Later I discovered that the South Sea Islanders, the Eskimos and some of the American Indians had used my system successfully for thousands of years.

For several years I called my system the "Priceless Economic System" (PES).

But, now I think I'm evolving to a better system. I'm calling it the Personal Independence System (PIS).

The PIS is very similar to the PES except one focuses *first* on gaining his/her own Personal Independence (PI) from money, government and people.

Then after one learns to feed, house, cloth and entertain ones self and family, then one has the leisure time<sup>1</sup> and the independence to make a choice, whether or not to cooperate with others to produce what one can't produce by them self.

Then one operates in the PES as an Independent Operator (IO) and reduces or eliminates the chance for anyone to coerce one to do the bad things that money is now persuading people to do.

<sup>1</sup> The Tasaday Cave People (National Geographic, August 1972) spent only two hours per day working to fill their needs and they were a happy people.

When there is no Profit in war, pollution, stealing, starvation and government, there will no longer be an incentive to *cause* them.

In my travels here and abroad I have found most people wanting to do "good" to me and to others as far as they could afford to.

With the PES everything will be free. People will work for free and will like the good feelings they can then get from being generous and kind.

With the PES, good morals would be the norm. We won't have to teach them.

In a sane economic system we would soon discover which actions and words bring us the most happiness.

In the Profit/Wage Economic System we cannot make equal trades. We must steal a little with each trade we make. It's called Profit! In the PWES we cannot pay our rent and all the rest of our bills if we don't make a profit.

The people that are the best at playing the Profit/Wage Game, charge all the traffic will bear. And then create a monopoly or cartel and bear down even harder.

This is a fun-game for those people suited for this game, but it is not so much fun for those billions who are not gifted with the talents necessary to win at this game of unfair trading. Does this suggest that most people are "good" and have a hard time charging all the traffic will bear and would never think of creating a monopoly, trust or cartel?

In order to continue being winners in this Game, the Elite must keep people ignorant of how the Game is *really* played and to further keep the people too busy and distracted to learn to think and provide for themselves. The Elite have been very successful in their efforts.

It now remains for those few of us, who are becoming aware of how the Game is played and who have figured (or think they have) a way of escape from this slavery, (When you take pay -- you must obey.) to go ahead and live that Freedom. We then become examples that slaves will see and eventually emulate. We can even write our own newsletter or use our best talents in some other way to make it a little easier for the other slaves to wake up and develop some courage.

Some of us, after we became aware of some of the tricks that

the slave masters use, try to pass on these findings to any slaves who will listen.

Lincoln didn't free the slaves. He just gave them a new name -- Wage-slaves!

When you are living in a world society where it is necessary to charge all the traffic will bear (i.e., steal from your friends) in order to become a real success, it becomes hard to trust even your best friends. How much are they going to overcharge you?

Where it is more profitable to do bad things than good, it is impossible to exercise good morals much of the time. You can't teach good morals in a college that is practicing Extortion in its tuition charges! (not any more than smoking parents can teach their kids not to smoke) And who ends up with this high tuition money? The people who build, furnish, maintain and supply the colleges and the people who sell to the students and teachers. These are the people who end up with the Profit from the overpriced books and all the other stuff they supply.

And who ends up with all these obedience-trained slaves that the colleges produce?

If you would like to see character changed for the better you must first change the economic system to a cooperative one. Then morals will correct themselves. Just ask your board of trustees to start courses in PES and PIS and see what they say.

Mr. Coles, can you relate to anything I've had to say? [If Mr. Coles chooses to answer (with his permission), I'll reprint his letter.]

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#### Home Page Letter

Dear Ernest,

I don't seem to have found much Freedom yet. Ever since I left my job, a billion things I'd been planning to do are now really getting done. That's good, but it still keeps me too busy. I've gotta work on that.

Anyway, my Homepage on the Internet is up and running. I have spots for the Little Free Press and already have "links" fixed up so people can "ftp" your two books and the GNUZIP program.

Please start sending the LFP to me on diskette (just ASCII, not in word-processed format) as soon as you like & I'll frame them up. Then the whole group of your materials - books and LFP's - will

be simply accessible through my home page, whose address is:

<http://www.smart.net/~banneker>

All your materials are a choice on the main menu of options.

Thanks for your letter! Life's never dull, is it?

Cheers,

Hanno Beck

5465 High Tide Court  
Columbia, MD 21044

+++++

#### Control

I can't control other people, I don't have enough money for that. But I can control my own life -- *if I choose to!* I can stop reading, watching and listening to the mass media, and I have! I can stop being influenced by them. That is a big change in my life and a big money savings. With that little action (non-action actually) I gain loads of Free time. I can choose what I will use this new-found Free time for. I can choose to learn more and experiment with Freedom or I can choose to go back to my old mind-conditioners. I can experiment with what makes me feel happy, secure and independent, if I wish. Creating Free time opened up whole new worlds.

Being dropped-out is nice. I have no deadlines. I work on the LFP whenever I get an idea. An issue goes out whenever it goes out. I don't have ulcers.

#### Auto Wrecking Yard

One of grandson's friends needed a ride to get a used part for his pick-up. While we were there I asked if they had an old broken truck leaf spring I could buy. They did. I also got a 5 foot long piece of rebar. He cut the spring in half and made a gouge to place the rebar for a handle. After I get the handle welded to the blade, I'll sharpen it and have an ice chisel so I can go fishin. They want \$16 for a new ice chisel. This one has cost me \$5 so far.

I hear some people are ice fishing around here already.

#### Subscriptions

The LFP seems to be coming out two or three times per month. The LFP is "free" but you pay the postage for each issue.

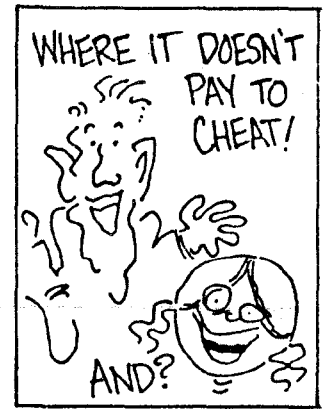
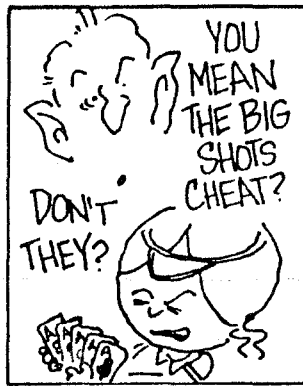
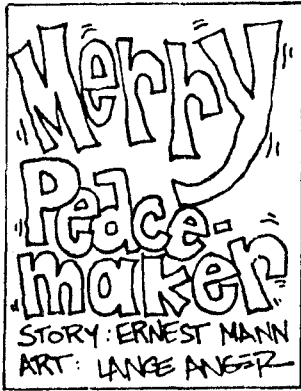
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**Super-Salesperson!**

If only I could find a person with the perception to see the wonderful world-changing potentials in the Priceless Economic System and the Personal Independence System. It would further need to be a person who understood how to enthuse the general public and get them to discussing these ideas. Then as soon as they understood, it wouldn't take long before people would all wish to change-over to the PES and PIS right away.

Then we would have a much better way of living together on this lush old Earth. Bucky Fuller, with his "World Game" showed us that there is an abundance of natural resources for us all. And when we play the PES and PIS Games, there will be no reason to continue to create artificial scarcities and there would no longer be a Profit in having Power over (ruling and dominating) people. Then Power would be a burden -- not an asset.

I have been trying to be that persuasive person for 26 years. I have failed. But I'll still keep searching for that person who *does* have the ability to awaken the masses to this wonderful new way of living together in peace and plenty -- the PES and PIS.

With the PES and PIS the wars and revolutions would stop. There wouldn't be a Profit in them any more. No one would need to steal anymore when everything is free. There would no longer be political prisoners. These two items alone would nearly empty out all the prisons and jails. Industry would no longer Profit from polluting. Starvation and malnutrition would soon end. What a relief not to have a government taxing us and trying to tell us what to do. What a relief to have an end to all advertising and salespeople nagging at us.

Hell! I can govern myself just fine, can't you? If I make a mistake and step on some ones toes, they tell me about it, quickly. It doesn't take much experimenting to figure out which of my words or actions bring me the most happiness. I expect this applies to everyone.

There would no longer be a reason for the mass media to continue to make us fearful of other people because there will no longer be a Profit in the old "Divide and Rule" trick.

I think, with enough coverage, we could change the whole world over to the PES and PIS within one year. Wouldn't it be nice for everyone, if we could succeed in this promotion so soon?

This is another reason why I try to persuade people to Escape from the Rat Race and grab some Freedom. I have hopes that with a little Free time they will understand the PES and PIS enough to be sold on it like I am. The PES and PIS ideas need all the promoters they can get. We might just accomplish this goal even if we don't find the Super-Salesperson.

The multiple progression of numbers will work for us if we don't give up.

**Escape?**

By winning a little in the Rat Race I was able to Escape it by the time I was 42 years old in 1969. This meant I had made enough money so that I didn't have to go to a job, i.e., *I had made some Independence for myself*. Anyone can do it if they really set their mind to it! I didn't beg the government to give it to me!

1. It is just a matter of making the decision to Escape.
2. Then to firm-up your determination to make it happen.
3. Then make a plan on how to make the necessary money.
4. Then just follow your plan and improve the plan as you go along.

Anyone can do it, if a simple farm boy like me could do it! I did it! So can you!

The PIS revolution can't be stopped. It has been going on for a long time. It has been called the: back-to-the-land, back-to-the-seas, back-to-the-mountains back-to-the-rivers and back-to-the-desert movements. There are a lot of free places to live. We can each figure out one for our self. If you buy land, it is not free, but it is much freer than renting.

I sold a contract for deed and now have a little cash to buy some land. I've put, "Wanted: 40 acres..." ads in the local papers. I *hope* to find some for \$200 an acre. I enjoy raising my own food. Then I'll know there are no additives in what I eat. I don't trust the additives one bit. Just look at all the sick people we have today.

**Wooden Boat**

Wooden Boat magazine arrived today and after skimming it, my heart went out to the sea again.

If I don't find a good buy on suitable acreage I may figure out a different place to invest my cash. Because I'm planning to live on a sail boat after my grandson reaches his 18th birthday, I may invest a little of it in a sailboat.

It seems like if I don't hurry some of my decisions too fast -- just the right answer comes along.

The thought is even tempting me to buy another house if I could see a good profit in doing so. It would be nice to have a little more money. That would give me more choices for my future. God! Am I getting hooked in the Money Game again? I know I could start out with \$100 and get or build some kind of hull to live aboard so why do I want to make more money? Shit, I don't know!

I had thought that land would be a good investment to put my money in (what little I got) and it surely would be. But why should I worry about investments? Just put it where I think it will be safe and go on with my life. I have already learned how to convert an old row-boat into a sailboat. It doesn't take much money. It just takes faith in myself. I certainly have that. Some of my friends have even called me arrogant. I hope I am.

**Letter From a Subscriber:**

She said, "Thanks for the wisdom! But, the government can raise your taxes, can license you to death, can make you pay for seeds, etc. They have got you."

My answer:

The government already is doing these bad things. But they are not doing much to the back-to-the-land people. Their taxes are

much cheaper than the city's. If we build an expensive looking house, they will put very high taxes on it. An old shack will have the lowest taxes and one can fix it up.

Also when we move to the land, we must do our homework. That is, we must confer with neighbors. Let them know what is going on in government. Farmers never did like government! They are on our side. We need to get the word around that we won't stand for unfair tax raises; that large groups of land owners will stop paying *any* taxes if they get too high.

The poor people need to inform their kids, who get jobs in the National Guard and in the police force, to be on our side too. Then we will have nothing to fear.

As for seeds, some people are buying organic non-hybrid seeds and they learn to save the best of their garden and field seeds to use the next year. Then you don't have to buy them.

As for licenses, some people are already driving without licenses and are getting away with it. However, at present, I would rather pay the fee than worry about the possible hassles.

#### War Predictor?

Even living about a mile from the railroad tracks I hear nearly every freight train that goes by. This is a freight line that runs to the Pacific coast. There are times that their honking and tooting seems to be more often. Just before the Gulf War it seemed like there were a lot more and longer trains.

I wonder if a person who had access to railroad freight traffic records, could study the activity before previous "keeping the peace" actions and could then predict the next planned conflicts (invasions)?

#### Emotions

I have a new insight on emotions. I have said that I thought emotions (feelings) are nothing more than intense thoughts.

Now, I think that emotions are our *body's response* to our thoughts. Like we think anger thoughts about someone and our body responds with a shot of adrenalin. We think love toward someone and our body feels good all over. Sexual feelings sometimes stir.

I still believe that our thoughts control our emotions. I still believe that we can control our own thoughts. Therefore we can control how we feel, if we go to the effort of changing our thoughts.

I'll have to admit that most of the time I *allow* what's around me to control my thoughts. Once in a great while I take control of my thoughts and direct them. But not very often. Mostly I just *react* to whatever.

But at least I react with a little bit of understanding of what the Game is all about, so that I can react in a way that is best for me (I hope).

Of course, when I'm working on a project I direct and control my thoughts.

The book, "How to Live 365 Days a Year" by John A. Shindler, M.D. explains with medical terms how our *thoughts* control the pituitary gland in our brain and how that *master gland* controls several other glands, and therefore controls our life.

I have found that it is as easy to change thoughts, as it is to change channels on a TV. One can say, "I won't think about pink elephants. I won't think about pink elephants. I won't think about pink elephants. etc." That won't do it. One just says to him/herself, "I don't wish to continue thinking on this depressing or lonely thought! What would I like to be thinking about?" Then one makes a choice and proceeds to think along this new thought line. The depressing or lonely thought vanishes and so does the unwanted emotion. It is so damn simple. Anyone can do it -- if they make up their mind to do it.

#### News Clipping

A reader from Arizona sent me a clipping from the *Tucson Weekly*, from the December 7-13, 1995, issue. It is entitled, "Quit Your Job" by Ted Rall (Work is for suckers -- Bart Simpson). This article first appeared in *Might* magazine (which I would like to see a copy of).

This article told about how people hated their jobs and how the author quit his job and started working for himself. Just like the old cottage-industries. This is what I recommend too. But why is the mass media recommending it? Is the *Tucson Weekly* and the *Might* magazine part of the mass media? Would the Big Corporations (BC's)

like to farm out much of their work to cottage-industries and get it done cheaper? It is just about like the day-labor the BC's hire. No benefits to pay.

This article recommends quitting your job and working from home. It points out that the author worked harder at home than he did at his office job, but he liked it better because he was his own boss. It said nothing about getting out of the Rat Race. It just recommended becoming your own whipping-boy.

I recommend becoming your own boss, *if* you can make more money that way. Otherwise, work for someone else to make your pile of money so that you can ESCAPE as soon as possible. Or, we can play their game of cottage-industry, if it will help us Escape sooner!

#### Jane Goodall

The article, "Jane Goodall" in the National Geographic, Dec. 1995, brought tears to my eyes in a couple of spots. At the end of the article was a message from Jane. Here is an excerpt: "We love to point fingers when we try to deal with difficult problems such as the environment, to lay the blame on industry or science or politicians. And there is no question that industrialization has polluted our surroundings. But who buys the products? We do, you and I, the vast, amorphous general public. Each of our actions has a global impact."

I certainly agree with what she says. If I purchase one less item, industry produces one less item, thus they pollute a little bit less. When others realize this and stop purchasing, industry will shut down or stop polluting. If we have taken steps to become independent, we'll be OK.

The article made one feel sorry for the chimpanzee orphans. I wish that people who feel sorry for chimp orphans, would feel just half as sorry for the human orphans that these little wars (like in Bosnia and in Haiti) are creating! Is this *animal love* another diversion to keep people too busy to see what's wrong?

#### Underground Review

NEW PHILISTINE (a radical literary zine), Karl Wenclas, 5440 Cass #1006, Detroit, MI 48202. (\$1.00) #26 was a 10 page novel entitled "The Anti-Utopians." It is

an interesting novel about what our world is evolving into. Karl is another George Orwell and Aldous Huxley. I'm glad I read it. It inspired me to work harder to make sure his prophesy doesn't come true. We'll never get our house cleaned, if we don't listen to people who point out the dirt once in a while.

### Catalog

R & R Mill Company, Inc., 48 West First North, Box 187, Smithfield, Utah, 84335-0187. Phone 801-563-3333. A reader sent me this address. I've been looking for it for years. I used to buy Corona Corn Mills from Utah, 25 years ago, by the dozen and sold them to my friends. The Corona is the best hand mill that I've ever seen. I still use mine to grind grain in the morning for my breakfast cereals and to make whole wheat flour.

Their suggested retail price is \$37.95 and if you buy from 1-11 mills, *your* price is \$23.95 plus shipping for 11 lbs. from Smithfield, Utah. There is another price break for 12 mills or more. I have tried to get the oldest co-op grocery in Minneapolis to handle it because of all the grain they sell, but they can't seem to hear me.

R & R also list in their catalog other hand grinders, electric mills, stone mills, dehydrators, strainers, juicers, meat grinders, dutch ovens, wheat grass juicers, etc.

### My Life

I am again keeping a record of my daily expenditures. In another month or so I should have a report on how much my food, etc. costs me. I decided not to quit coffee at this time. I enjoy my coffee and can afford it, so what the Hell!

Drove to Minneapolis and picked up a few things at the North Country Food Co-op. And then stopped at a friend's place and used his electric grind stone and put a sharp edge on my truck leaf spring.

I bought another computer from Que Computers, 2418 E. Hennepin Avenue, Mpls., MN 55413, (612-623-9144) This time I got a used Compaq 386 with 1 meg of RAM, a 40 meg HD, 3 1/2" and 5 1/4" HD drives, an enhanced keyboard and a new mono monitor. I also got a Windows v-3.1 program and a little Alps ASP1600 9 pin printer. The hard disk had MS-Dos v-6.22. I also got a new mouse. All this cost me \$318. Then

I went to Half Price Books in Minneapolis and bought some program manuals.

I advertised my XT computer and my other 9 pin printer in the local paper and sold them for \$150 to the first caller. They were really thrilled to find one so cheap.

A friend told me of a welder who would weld my ice chisel for a reasonable price. Drove out to see him. He wasn't at his shop so I drove on to Randall and stopped to see my auto mechanic friend Rick Gaffke, who services my car. He does good work and is very reasonable. He welded the handle onto my sharpened leaf spring and "Presto!" it is now an ice chisel. He wouldn't take any money.

I drove on up north past Cushing to Lincoln and drove out on Fish Trap Lake. There I tried out the ice chisel. It worked just swell. The ice was about a foot thick. I had bought a couple dozen grubs at the gas station near an entrance to the lake and put two on my hook. This would be the first use of my home-made fishing stick also. There wasn't much wind and although it was very cold, I didn't get cold. In about two hours of fishing, I had one bite and caught one medium sized Sunfish. I took it home and cleaned it. Two days later I ate it. It was delicious. *One* fish is far better than being skunked! It will take me a while to find the good spots on any lake. Fish Trap is about 25 miles from here.

Drove back to Minneapolis a few days later and got my \$19. printer fixed. The dip switches needed to be changed from serial to parallel port. I couldn't find the dip switches but Que did. I ordered three ribbons for it from an ad in the Computer Shopper catalog.

Went back to the Bauer Bros. Salvage Yard in St. Paul and made a tour of it. They sure have a lot of good used stuff there. Can you believe it? I found a louvered grill that just fit the front of my mobile home furnace! The furnace looks much better now and is slightly quieter.

### A Later Date

Today I decided to fix something that was working. Of course you've heard about doing this dumb thing.

Anyway I decided to oil the motor on my furnace blower again. This involved taking the blower

assembly out of my gas forced air furnace and also taking the impeller fan off the motor shaft. In accomplishing this I had to hammer a lot on the motor shaft. I got it apart and then oiled the motor bearings. Then I put it all together and what do you suppose? The impeller would hardly turn around. It used to spin freely. I knew something was wrong. I took it to the only electric motor shop in Little Falls and he said I ruined the bearings when I hammered the motor shaft out of the impeller's fitting.

That little episode of fixing something that was working, cost me \$92.68 for a new motor and motor mount.

Well, I never said that I win them all!

### Back Issues of LFP

Back issues of LFP are as current as this issue and are available from:

Dryan

Box 640

Elk River, MN 55330

Send him a stamp for an LFP back-issue catalog-sheet that has a review of each issue and prices.

### Books

My two books, I WAS ROBOT, 1990, \$7.95 and FREE I GOT, 1993, \$8.95 (both postpaid) are available from:

Marathon International Book Co  
Box 32

Madison, IN 47250-0032

### My New Book

My third book is typeset and ready to go to a printer. Anyone want to publish it? I'm considering putting a copyright on this one, if that would encourage anyone. It will have 490 pages.

### Subscriptions

The LFP seems to be coming out about twice a month. The LFP is "free" but you pay the postage for each issue.

U.S.A.: \$0.32, Canada: \$0.52, Mexico: \$0.46, All others: \$1.00

Please pay with US stamps, US money, check or IRC's for as many future issues as you desire.

### Copy

Copy for your friends and enemies. Give them a chance to help too.

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12-21-95 Ernest Mann

# TEN YEARS

Ten years from now  
do i want to be doing  
what i'm doing right now ?

If i continue doing  
what i'm doing now,  
won't i be doing this  
ten years from now !

What do i want to be doing  
ten years from now ?  
what do i want to be doing  
one year from now ?  
what do i want to be doing  
next week ?

What will i have to start  
doing, right now  
to make this happen ?

Art: Carol Gatts

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This is *not* a regular LFP issue. It is merely a summary of all the LFP reviews since early 1994.

REVIEWS

Underground Papers:

**ABOLISH MONEY, LAW & STATE**, Bruce Friedemann, Box 1417, Tucson, AZ 85702. For \$1 or two stamps, Friedemann will send you a bundle of reasons why we should get rid of money and state, including quotes from the bible and other literature. 11-1-95 LFP #122

**AFFILIATE**, 777 Barb Road, Vankleek Hill, Ont. KOB 1R0 Canada. #77 (\$5.) 36 pages, 8 1/2x11. Several articles & photos on nudity and a large list of underground paper reviews. Looks like a good underground paper to get your letter published in. 5-1-94 LFP #104

**ALIAS**, Fred Victor Mission, 145 Queen Street East, Toronto, Ont., Canada M5A 1S1 (donation) An attractive easy to read newsletter written mostly by people who frequent the mission. This paper helps one see through the eyes of some of the people that the "System" has pushed to the bottom of the pile. 7-7-94 LFP #108

**ATTITUDE PROBLEM**, Bandhu Scott Dunham, Box 2354, Prescott, AZ 86302. \$3. #15 & 16. Full sized newspaper. 16 pages. Some interesting and helpful articles on living. 4-1-94 LFP #102

**CACTUS PRICK**, Box 27142, Tempe, AZ 85285. Oct '93 (\$2.00) 38 pages. Unusual underground paper reviews. Interesting commentaries, several band interviews with photos, big and small record reviews, Funky but easy to read format. 2-15-94 LFP #99

**CHAOS** c/o Joel Epanouri, 146 Langdon, Madison, WI 53703 (Free. Send stamp) #9, 16 pages 1/2 size. Easy to read hand printed (with graphics) story revealing Joel's innermost personal thoughts. 2-15-94 LFP #99

**COFFEEHOUSE**, Box 77, Berthoud, CO 80513 (\$4 for 2 years) Literary magazine of

narrative poetry and short-shorts. 9-25-95 LFP #119

**DRIFT**, Clif Kennedy, Box 40, 90 Shuter St, Toronto, Ont., Canada M5B 2K6. (Send Clif at least a dollar as his postage was 52 cents.) #75 One article on what the Canadian government is doing to the poor. Lots of interesting and indepth underground paper reviews. Some neat graphics and a short story. 10-9-95 LFP #120

**F.U.N.** (Family Unschoolers Network), Nancy & Bill Greer, 1688 Belhaven Woods Court, Pasadena, MD 21122-3727 \$6/yr. #1. This looks like it will be a very fine newsletter. They also have a comprehensive catalog of home schooling books. 12-6-95 LFP #127

**FACTSHEET FIVE**, R. Seth Friedman, Box 170099, San Francisco, CA 94117-0099 (\$6.00 for a sample, or \$3.95 at newsstands) #57, 144 pages with index. Lots of graphics. It is still the best directory of underground papers. Thousands of reviews of underground papers, zines, books, recordings, B-movies, music, poetry, comics and misc. 2-15-94 LFP #99

**FIRE FLY** (A tiny glow in a forest of darkness), c/o Jane Kirby & Jon Lurie, 700 Pearl Street, Wallace, ID 83873. Try \$3. #23 & 24. 12 pages 8 1/2" x 11". Funky looking but packed with worthwhile reading about things that are important to us all. 4-1-94 LFP #102

**FLIPSIDE**, Box 60790, Pasadena, CA 91116 (\$2.50) #87, 140 pages. Mostly band and music reviews. Lots of photographs. 2-15-94 LFP #99

**FRIENDS OF PEACE PILGRIM**, dedicated to disseminating material on her life and work, which includes a 224-page book, along with newsletters and pamphlets. They are located at 43480 Cedar Ave., Hemet, CA 92544 (909-927-7678), and all of their material is free (though donations certainly help with the work they do). 9-5-95 LFP #118

**GROUNDSWELL**, Thomas C. Mullian, Box 174, Prospect Park, PA 19076-1307 (\$10/year) A monthly 12 pages. #5. After reading a few paragraphs, I couldn't put it down. It is a refreshing in-

tellectual exercise! The four syllable words slowed me down and made me think more. It is heartening to find good writers who *also posses intelligence* and can see through the mass media con-job. 11-20-95 LFP #125

**GROWING WITHOUT SCHOOLING**, 2269 Massachusetts Avenue, Cambridge, MA 02140. This is one of the finest and oldest of all home schooling newsletters. I think John Holt started it. They also have an excellent catalog. 12-6-95 LFP #127

**JAM RAG**, Box 20076, Ferndale, MI 48220. V9#2. (try \$1.) 12 page color tabloid about music. Some interesting articles. Good LFP review. 5-1-94 LFP 104

**KOMBAT**, Anthony Jankowski, Box 20311, Indianapolis, IN 46220-0311 (\$2.50) #12, 43 pages. Easy to read, well laid out underground paper with graphics. Letters from readers with responses. Articles reveal what's wrong in the System. If you don't believe in a conspiracy against the working people, you need to read this. 11-8-95 LFP #123

**LIBRARIANS AT LIBERTY**, 1716 S.W. Williston Road, Gainesville, FL 32608. 16 pages (\$10 yr. Low income: \$5/yr) A very interesting and useful underground paper to help you wake up your librarians, if they don't realize the value of displaying a zine section for the public. 10-18-95 LFP #121

**LUNO** (Learning Unlimited Network of Oregon), by Gene Lehman, 31960 SE Chin St, Borning, OR 97009 (\$1 + stamp for sample.) If you have any interest in self-schooling and in the farce they call schooling, you will be delighted to read this. Issue 10:6 was an especially great issue. This guy sure puts out a lot of good stuff in his newsletter about Freedom and alternative schooling. Lots of real truth to chew on. Several excerpts from interesting undergrounds. 9-25-95 LFP #119

**MEANDER QUARTERLY**, c/o Chuck Munson, Box 179, College Park, MD 20741-0179 (\$1) V6, #4, 12 pages 1/2 size. An underground newsletter of Evolutionary Anarchists that will print your anarchist views as well as many other peo-

ples. They also change editors each year which gives you a chance to be the editor. 2-15-94 LFP #99

**MSRRT NEWSLETTER**, 4645 Columbus Avenue S., Minneapolis, MN 55407 (\$15/yr) This would be a good one to recommend to your librarian. MSRRT might send you a sample back issue to show. If you publish a underground paper, send MSRRT a copy for review. It has lots of underground paper reviews. 10-18-95 LFP #121

**NEW HOPE INTERNATIONAL REVIEW**, 20 Werneth Avenue, Gee Cross, Hyde, England SK14 5NL, U.K. (\$5.) 42 page booklet 8 1/2"x11". Worldwide reviews of books, cassettes, CD's, magazines, pamphlets, software, videos and catalogues. 5-1-94 LFP #104

**NEW PHILISTINE** (a radical literary underground paper), Karl Wenclas, 5440 Cass #1006, Detroit, MI 48202. (\$1.00) #26 was a 10 page novel entitled "The Anti-Utopians." It is an interesting novel about what our world is evolving into. Karl is another George Orwell and Aldous Huxley. I'm glad I read it. It inspired me to work harder to make sure his prophesy doesn't come true. We'll never get our house cleaned, if we don't listen to people who point out the dirt once in a while. 12-21-95 LFP #128

**NEW WORLD RISING**, Fred Fratiello, Box 33, 71 Hope Street, Providence, RI 02906 (Donation) #23 was an 8 page tabloid. The format was a collage of graphics and print. Lots of concerned people writing in about mother earth, leaving their names and addresses. They seem like people who see a need for change and desire a way to do it. 11-8-95 LFP #123

**PADDLE FISH FIRST**, Drew Hempel, 1024 Osleola Avenue #B, St. Paul, MN 55105 (stamp) #6 had 4 pages. Really packed with all the bad shit that is happening in our system. If you know people who think that everything is just dandy . . . show them a PFF. 11-13-95 LFP #124

**RIPENING SEASONS**, 6545 Ravenna Ave., N.E. #307 Seattle, WA 98115 (206-528-6122) (donation) by Irv Thomas. Irv writes about what's happening now in his life. Years ago Irv put out the paper called, Black Bart Brigade (a paper for middle-aged outlaws). 9-5-95 LFP #118

**SLUG & LETTUCE**, c/o Christine, Box 2067, NY, NY 10009. (Free, SASE) #32, 8 pages tabloid.

Chris made some interesting observations on the present dope scene in NY, shows at the ABC NO RIO and tips on energy efficiency. An article on the war in Yugoslavia. Fanzine Reviews galore, free classified ads and record reviews. Lots of Punk photos. Get this -- one chapter from I WAS ROBOT was included. 2-15-94 LFP #99

**WELL HEALTH**, Frank Bowman, 10 Corporation Street, Flint, Clywd, England CH6 5PG (tel: 01352 761857) Frank and his friends are doing a Free Flea Market. People bring things and people take things. No barter. No money. Give or/and take. They don't put out a underground paper but if you send them a donation (it will cost them at least a dollar for postage alone), I'm sure they will send you some reprints of local news coverage of their project, etc. 10-9-95 LFP #120

**YOUR FREEDOM**, John Haynes, Box 54562, Oklahoma City, OK 73154-1562. #1. (\$2) This new 8 pager is right up our alley. It looks like we will be talking about the same things, only John's paper has a nicer format. It might even sell on the news stands. Let's support it! 12-6-95 LFP #127

#### Books:

— **1984**, George Orwell called the people who worked at production, "Prols." This term applied to the poor and unemployed as well. There was continuous war and continuous fear mongering. Today we call the prols; employees and street people. These words don't sound as bad as slaves and starving and freezing people, do they? He portrayed what our time has come to. He foresaw the homeless. Much of what he predicted has come true, except it has been so gradual that we believe we are living normal lives.

— **ANTHEM**, by Ayn Rand, 1937, Signet Books. Here is a book that tops BRAVE NEW WORLD and 1984. It portrays the worst and most complete kind of a slave-world imaginable (Is our system leading to this?) but in the end it shows the awakening and escape of two slaves. A most powerful book! It gets my #10 rating! I can't recommend it enough for people who are already aware of slavery. You will see similarities already present in our System. 10-9-95 LFP #120

**ATLAS SHRUGGED** by Ayn Rand, 1957, Signet Books. Here is a book that prophesied the railroads' demise 37 years ago. She gave warning about our politicians and their destructive laws. Besides being an inspiring story on self-reliance and an individuals rights, it's a great love story. I first read it in the 60's. Now I've almost got it read again. I love it! I don't agree with all her theories but it is a Great Book. 10-30-94 LFP #112

**BIBLE OF GOD THE GOOD**, Julian Latham, Box 27428, Los Angeles, CA 90027-0428. (low price) This approximately one inch thick (no page numbers) book is a real surprise. Even an atheist can't put this book down until it's every word is digested. Large attractive type and very little on each page. Chuck full of inspiring truths about living. 2-15-94 LFP #99

**BRAVE NEW WORLD**, Aldous Huxley used repetitive sleep teaching for the mind conditioning in his story. Songs today are very repetitive. Some people listen to music constantly. Is the sleep teaching method Huxley predicted on the same order as our repetitive lyrics and the subliminals in music and movies? 2-15-94 LFP #99

**BRAVE NEW WORLD REVISITED**, 1958, Aldous Huxley, Harper & Row. He described in detail how people were being mind conditioned in 1958. One can easily see that these same methods are being used today. But certainly with far more sophisticated methods that have been time-tested and proven. 3-1-94 LFP #100

**CALL TO ARMS**, Alan Dean Foster, Del Rey Books. (1991) I enjoy most of Foster's books. This story really focused on a theme you see a lot of in the books that get published by the big publishers. That theme is that humans just love to fight and kill and they really get a bang out of wars. That theme is repeated so much in books that I'll bet many people believe it. 12-6-95 LFP #127

**COSTIGAN'S NEEDLE**, a book by Jerry Sohl, Rinehart & Co. 1953. This science fiction novel is about a few hundred people who were transported into another world with nothing but their naked bodies. It tells how they survived and created a modern world with their talents and the knowledge they remembered. They didn't use money. They practiced the PES, only without a name for it and it worked splendidly. Be-

sides that it was an interesting well-written inspiring story about what people can do if they have a goal. 8-25-95 LFP #117

**DON WRIGHT'S GUIDE TO FREE CAMPGROUNDS**, a book published by Cottage Publishers, 24396 Pleasant View Drive, Elkart, IN 46517. I don't have this book, but was told it's good. 8-25-95 LFP #117

**EMERGENCY MEDICAL PROCEDURES FOR THE HOME & AUTO** by Logical Communications, Prentice-Hall, 1980 (108 pages) \$6.95 I picked this up at a garage sale and read it. It has simple clear directions on how to give first-aid. It includes artificial respiration and CPR (heart massage) and just about everything. It has an easy to use contents to refer you quickly to procedures to use. With this kind of information we might save a life someday, maybe our own. 7-14-94 LFP #109

**FIVE ACRES AND INDEPENDENCE**, By M. G. Kains, Dover Publications, Inc., 180 Varick Street, New York, NY 10014 (1940, revised in 1973) 397 pages. A very comprehensive book on homesteading. 7-14-94 LFP #109

**FOUR ARGUMENTS FOR THE ELIMINATION OF TELEVISION**, Jerry Mander. Read this and you may understand better why I thought it prudent to quit absorbing the mass media years ago. 1-19-94 LFP #97

**FROM FREEDOM TO SLAVERY** (The Rebirth of Tyranny in America), Gerry Spence, 1993, St. Martin's Press. This very successful lawyer shows us a factual clear cut picture of what the Big Corporations are doing to us with their mass media. 1-19-94 LFP#97

**GESUNDHEIT!** by Patch Adams, M.D., 1993, \$15. Healing Arts Press, One Park Street, Rochester, VT 05767. Here is the story of a medical doctor who gave his medical services free of charge for 15 years from his home. It's a happy story of how free and happy medical care works better than the "charge all you can get" present system. Patch is now building a five million dollar free hospital in Virginia. I heard him speak in Minneapolis a few years ago. He clowns and makes you

laugh. That is part of his cure. 7-7-94 LFP #108

**GOD BLESS YOU MR. ROSE-WATER** by Kurt Vonnegut, Jr. 1965. Dell Publishing Co. He talks about the "money river." Vonnegut tells us how the Money Game is played. A Hell of a good writer. Page 89, "... the widest, deepest river of wealth ever know to man. You'll be shown your place on the river bank, and handed a bucket all your own. Slurp as much as you want, but try to keep the racket of your slurping down. A poor man might hear." 3-20-95 LFP #115

**GOD PROJECT**, Stan Lee, 1990, Grove Weidenfeld publisher. An interesting exciting spy expose' on government. On page 386, Halliday, the President said, "We lie, we manipulate, we cheat, we con. Every politician in this country is bought and paid for, and that includes me." One reason why this expose' of government was allowed to be published, I think, is because it contains a fear mongering clincher . . . the good-guy gets assassinated. It exposes the crooks but makes people afraid to do anything. 10-18-95 LFP#121

**HOW TO ATTRACT GOOD LUCK** by A. H. Z. Carr (1952, 1965) 191 pages. Cornerstone Library Publications (A Division of Pocket Books, Inc.) I just found a copy. It's great! It should go on the top shelf right next to Dale Carnegie. Find it no matter what the cost. Follow that book and it will be the luckiest thing you ever did. I wish I had found it when I was younger. 7-7-94 LFP #108

**HOW TO LIVE 365 DAYS A YEAR**, by John A. Schindler, M.D. 1968 Fawcett World Library (186 pages) It is the second best book I have ever read. It is still in print. It explains in medical terms how our thoughts (our own thoughts) control our pituitary gland which in turn controls several other vital glands, which in turn, control our health. 2-7-95 LFP #113

**HOW TO STOP WORRYING AND START LIVING** by Dale Carnegie, 1944, 348 pages, Pocket Books. "One of the most tragic things I know about human nature is that all of us tend to put off living. We are all dreaming of some magical rose garden on the horizon -- instead of enjoying the

roses that are blooming outside our windows today. Why are we such fools -- such tragic fools?" I just found this book at a garage sale for 25 cents. I read it years ago, I'm reading it again now. This book looks like it will be a honey! This copy is from the 30th printing. 7-7-94 LFP #108

**HOW TO WIN FRIENDS AND INFLUENCE PEOPLE**, by Dale Carnegie. If you wish to succeed in this Game of living and enjoying life -- read this. He explains very simply and sensibly how to succeed and enjoy life. I read this book before I was 20 years old and it lifted me out of a serious inferiority complex and helped to give me the confidence in myself that helped me to succeed in business and in friendship and love relationships. 7-14-94 LFP #109

**INCREDIBLE VOYAGE** by Tristan Jones 1977, Sheed Andreios & McMeel, Inc. 390 pages. An exciting sailing adventure with some reveling incites into bureaucracy thrown in. Tristan throws us a little meat along with his adventures. 3-9-95 LFP #114

**INNOCENCE ABROAD** (Tramping Europe at 64 on \$100/week) by Irv Thomas. (245 big pages with sketches) Published by Old Black Bart, Rejuvenated, Box 48, Canyon, CA 94516. Irv is just my age. I met him a couple of times in Berkeley and he stopped to see me once in Minneapolis. He wrote an interesting and colorful account of his year+ abroad. He gives incites into his philosophy on how he cooperates with Providence to get what he needs from life. It is also a very interesting travelog of Europe and the people he met. He printed only 185 copies and they are all sold. He may have reprinted it by now. I enjoyed reading it. His Providence and my good luck, seem to have a lot in common. 2-7-95 LFP #113

**LAST MOUNTAIN MEN**, Harold Peterson, 1975, Belmont Tower Books. This book is an interesting and detailed story of a man who found ways to be self-sufficient and take care of almost all of his needs. He lived away from people and rarely had visitors or made the long trip into town. It shows how a good life can be had with very little money. 10-18-95 LFP #121

**LIVING ON A FEW ACRES**, Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402. (price ?) 1978 0-251-000 (432 pages) (Stock #001-000-03809-5 Catalog #A1.-10:978. [God, what a lot of bullshit numbers] This hardcover book has a lot of interesting photographs. Maybe your library can get it. I didn't think the government could put out anything worthwhile. But for anyone planning to go back to the land, this book looks like a real helper. 7-7-94 LFP #108

**LIVING THE GOOD LIFE** (How to Live Sanely and Simply in a Troubled World) by Helen and Scott Nearing. Schocken Books, 200 Madison Avenue, New York, NY 10016 (1954 and 1970) 213 pages. The Nearings tell how and why they bought land and built a stone house and how they raised food. An interesting and very informative book. 7-14-94 LFP#109

**LONG WALK** (A Gamble for Life), Slavomir Rawicz, Harper & Row, 1956. His true life experience as a Polish army lieutenant. He was taken by the Russians in 1939. He was unjustly accused of being a spy and tortured to get him to sign an untrue "Confession." It details the torture he suffered along with 5,000 other captive Czechs, Poles, Fins, Latvians, Yugoslavs, Lithuanians, Americans, Estonians and others. This book gives a vivid picture of *one* of the side-effects of war. 10-18-95 LFP #121

**ONE STRAW REVOLUTION**, Masanobu Fukuoka, 1978, Bantam Books. In addition to showing us a simple and easy way (the natural way) to raise food without using poison sprays, chemical fertilizers and without plowing or cultivating, he shows us a peaceful way to live in harmony with life. He has started a revolution in farming and in living. 3-1-94 LFP #100

**POWER OF POSITIVE THINKING** by Norman Vincent Peale, 1952. I read it 30 or 40 years ago and found it again at a garage sale and am now reading it again. A terrific book. It talks about manifesting ones desires as does SPHERE, It could be called a "guide-book" on manifesting, but it uses the word God instead of subconscious. It is quit religious but for unreligious people, just

substitute the word subconscious, higher self, ones essence or your own term; for the word "God" and you can derive much good inspiration and common sense from Peale. It offers ways to reach that Power that we all have private access to. 10-18-95 LFP #121

**RISING SUN**, by Michael Crichton, Ballantine Books, 1992. An expose' on the Japanese who are buying up many of our largest industries and creating monopolies. He's saying, I think, that as a nation, we don't want to be dependent on our ex-enemy (remember Pearl Harbor) for things we need. 1-19-94 LFP #97

**SIEGE OF EARTH**, by John Faucette, Unibook, 1971. Entirely about a war. While reading this book, war started looking to me like a game that a few super-rich people (or perhaps aliens) are playing and using humankind as toy soldiers. A game with no risk for the Elite, like a video game, only with real live players that they control through their generals. If we are stupid enough to fight in their games, then we are the losers. 8-7-95 LFP #116

**SPHERE** by Michael Crichton, Alfred A. Knopf publisher, 1987. This is an exciting adventure story. It deals a lot with how people think. In fact the crux of the story is about a sphere found in a time-machine. The sphere somehow changed a person and gave them direct linkage with their powerful subconscious mind. This allowed a person to manifest their thoughts into reality. If you had good thoughts stored, you created good things. If you had bad thoughts stored, you created bad things. 10-18-95 LFP #121

**SUBLIMINAL SEDUCTION**, Wilson Bryan Key, 1974, Signet. This book not only explains subliminals but it also shows how to detect some of them. It is a very important book for people who think that they are free, if they still have the ability to read a whole book. Most people don't believe that the mass media is using subliminal methods for mind conditioning. The book, **HIDDEN PERSUADERS** by Leaderer, over thirty years ago revealed subliminals being used in movies. 3-1-94 LFP #100

**TIME GLADIATOR**, Mack Renolds, Lancer Books, 1969. Mack is a very unique author. In most of his books he sets up a different political-economic system in the background of an interesting and exciting science fiction story. In this book the masses had all been replaced by automation and given a fixed annual income. They spent all their time, in front of the bub-tube, sucking on tranqs. Even the ruling class were going to pot and disintegrating. It is an interesting look at what could happen to us. 11-8-95 LFP #123

**TREVAYNE** by Robert Ludlum, is an exciting novel of how the big defense conglomerate took control of the government. Maybe it actually has! It is not difficult to see that the military gets an ever increasing funding from your tax dollars. The big defense corporations get this money. What do you get from it? More taxes! 3-20-95 LFP #115

#### Catalog:

**R & R Mill Company, Inc.**, 48 West First North, Box 187, Smithfield, Utah, 84335-0187. Phone 801-563-3333. A reader sent me this address. I've been looking for it for years. I used to buy Corona Corn Mills from Utah, 25 years ago, by the dozen and sold them to my friends. The Corona is the best hand mill that I've ever seen. I still use mine to grind grain in the morning for my breakfast cereals and to make whole wheat flour. 12-21-95 LFP #128

#### Video:

**MY DINNER WITH ANDRE** This movie showed for about three months steady at the Cedar Theater in Minneapolis and filled the theater each night back in about 1983. Other movie theaters were almost empty at that time. This film proved that violence is not necessary to sell tickets, nor are expensive props. This is a show of just two men talking as they are dinning in a restaurant. They talk about interesting and very personal things that get at the root of life. They even discuss the money system. It is on video tape now. 10-11-94 LFP #111

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12-27-95 Ernest Mann

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**BE A PEACE MAKER**

**JOIN THE APPLE CORE**

Master sheet, and pass them around.

**Holiday**

Here I sit, alone at 8:15 p.m. on New Year's Eve, in my mobile home reading and now taking a break and thinking that I could make myself feel very lonely if I lingered on that thought, but instead I choose to think about why we were given holidays, booze and drugs. I think they were created as rewards and diversions for slaves. I am nearly a Free-Man so I don't need and don't acknowledge holidays. This is just another day for me. I have spent most of this day and some others working on this issue #130 of LFP.

The LFP is really my journal. A journal is a great way to talk to ones self. It holds my attention, sometimes long enough for me to make some important decisions and discoveries about myself or the world. If you are not writing a journal, try it, you'll like it! With a journal you're likely to evolve a plan for your life. Without a plan, you won't get much out of life. You'll just be a floater, a drifter. If you make some kind of a plan and are flexible and make it better as you grow . . . you will get whatever you want from life.

**Happy Days!**

I've been thinking about how life will be in the Priceless Economic System and in the Personal Independence System without any government and without any money, credit or barter and where we'll work without pay and everything will be Free. LFP back issues contain more description.

I can see that we will invent an easy-to-learn world-wide second language (better than Esperanto) for people who wish to travel, or talk to travelers. Then all races will be able to understand each other. No more need for "divide and make fearful." Then there will be no need for border guards or passports. People will travel whenever and wherever they

choose. People can stop in a foreign country and work at their skill for a while or teach it or perhaps learn a new skill.

It will be a wonderful time of exchanging ideas and making new friends. Everyone will gain. People will learn that other nationalities are not, "dirty gooks, to KILL! KILL! KILL!" as people were taught in the US Army when the USA invaded Korea. We should have Nuremburg War trials on the Profiteers and politicians who started that war and the Vietnam War and the Gulf War and on the officers who perpetrated it and the kids who were ignorant enough to enlist or get drafted to do the dirty work. I was ignorant enough to volunteer for WWII.

We will discover, that regardless of peoples' nationality, *people are people*. They have family, loved ones and have joys and sorrows just like we do. People have no desire to war. They just want to do their own thing. We may realize how we have been tricked, for thousands of years, to go to war for the PROFIT of a few.

There will be no reason for rich guys to try to conquer other nations when everything is free and their money no longer has Power to hire thugs. There will be no Profit in war and no resale value for the resources that they might steal. There will be no status in having more *free* things. *Too much* will be a burden. It is only governments and rich Profiteers who start wars. In the PES & PIS there will be no armies to feed and fear.

Inventors from all over the world can then exchange ideas over Internet and not worry about losing Profit from their inventions. Instead they will get good ideas from fellow inventors. There will be no research budget limitations when everything, including labor, is free. Science will make great and rapid strides in medicine and in space craft and everywhere else.

People will no longer hate their work when they can choose a job that is fun. They will enjoy and look forward to going to work. Free on-the-job training will be available for everyone.

In the PES and PIS everyone will have free access to as little or as much education as they desire.

There will no longer be any Profit in withholding secret inventions when everything is free . . . like the oil barons are doing.

Health care will make great advances when people no longer Profit from "quack" medicine, and when doctors no longer get rich by operating, and medical research is not limited by a lack of money.

In my opinion, the PES and PIS are the greatest opportunities ever presented to our species. Will people be smart enough to understand them and do they have enough guts to go for them?

**A Deal?**

The following letter came from a prisoner who reads the LFP. I think he is in prison for some kind of stealing. (I can hardly lose with that guess, as about 94% of the people in prisons and jails are in for stealing.) They offer him parole if he goes through a lot of bullshit and pays a lot of money. They offer him a ridiculous "deal" that he is not dumb enough to accept, so that they can keep him locked up longer. Therefore, they keep the prisons more crowded and can then build more. Yet, they fool the public into thinking that the prison system is becoming more benevolent.

The prison builders, the people who sell the furnishings and equipment and the companies who sell all the prison supplies and food, etc. make more PROFIT when they sell to the government than when they sell on the open market. The taxpayers (the poor things) provide all the money. Just one more reason to get rid of the Profit System.

Here is the letter:

Dear Ernie,

On Jan. 1st, I will have completed part #1 of my Federal prison sentence. I will have served 62 months. Partly because of my beliefs and the political animosity against myself, where I was convicted in \_\_\_\_\_, I have been served notice to appear in court or comply with electronic monitoring on my home at cost to me of \$13 per day plus \$200 hookup plus monthly phone bills. I've never had a phone. Plus daily reporting in to the police log at the local dept. before 11 O'clock plus mandatory employment in the Rat Race plus mandatory visits to a psychiatrist because anyone who doesn't adore and admire our great system of control (Big Brother) must be nuts. (Editor's note: Sounds just like BRAVE NEW WORLD and "1984" doesn't it? Maybe you should read them again.)

Obviously I'm not going for this garbage. Consequently I will be penalized, which will entail plenty of hole time again. I did 3 months in '94 plus diesel therapy to locals \_\_\_\_\_. (I can't make out this word.) I won't know yet where I'll be. Or for how long at each location.

So I'll have to suspend my subscription for now, Ernie. I'll send your address to my publications forwarder & hope that perhaps next year sometime I can hook up again.

Good luck and thanks.

# \_\_\_\_\_

After reading this letter I got very angry at the System which encourages rich-guys to control and Profit from the prison system. It is easy to see how the Profit System works in the area of prisons. Out here in so called "Freedom" people are agitated, aggravated, starved, stunted, harassed, hassled, belittled, diddled, overtaxed, underpaid and in a zillion other ways are made angry enough to commit so-called "crimes." Then the Profiteers make huge rip-offs -- building more prisons. Then they manipulate and push people into them and make

gigantic Profits from all the supplies they sell to government to keep those people locked up. I've read figures of between 40 and \$80,000 per person per year. I can keep myself on a whole lot less and I get a lot more for my money than the prisoners do. Just figure the Profit the suppliers are ripping-off! Why do the Profiteers always charge more when they sell to the government?

The rich-guys make almost as much Profit from prisons as they do from the wars they start. They make more Profit from war and crime than from Peace and no-crime, so which do you suppose they encourage? "Oh, no!" you say, "They wouldn't do that!" I never would have believed it either, when I was in the Rat Race. I thought they were nice people. They sure had me fooled. But, then I was too busy, trying to pay my bills to support my wife and three kids and buy a few more shiny things and a bigger house. I was too busy to do any research and study into the matter.

*I have the time now!*

They are a bunch of crooks who don't give a shit for us wage-slaves. Take a few months off and study the "System" yourself, if you don't believe me. Then you'll see!

When I retired (dropped-out) in 1969, I had a hundred thousand dollars. That meant I had some Independence and 24 hours of Free time each day. It took me less than a year to see that something was radically wrong with the System. Then it took me a couple of years more to figure out a solution. The facts are all there for anyone to discover . . . if they take the time.

#### Rehabilitation???

Instead of educating and teaching the inmates how to earn an honest living at something they would enjoy doing and instead of teaching them how to get along with other people, the prison system harasses the Hell out of the prisoners, (It is like poking a tied-up dog with a stick, to make it mean and ferocious.) so that they are sure to get more angry with society and turn to crime again as

soon as they get out. [*Jesus Christ, is there no way to get you to see that we MUST change this crazy System?*] Do you have to get locked up first before you can figure it out? There are very few people who can see-through this fake rehabilitation program, called "prison."

People have been led to believe that negative reinforcement (prison) is the only way to change people. That is the Hitler method. And yet on some level we know that punishment is not the best way to get people to cooperate. You can draw more flies with honey than you can with vinegar.

The proof of what I'm saying is verified by the extremely high percentage of prisoners who return to crime soon after their release and eventually return to prison, again and again. *Prison did not rehabilitate them!* Life must seem very hopeless to prisoners. Sometimes it seems quite hopeless to us who are on the outside treadmill.

Rap music, news, violent TV and movies are just a few of the things that are designed to frustrate and incite people to crime. They try to confuse us by saying that the media violence is simply a way for people to vent their anger vicariously. I don't buy that! I see that it increases peoples anger and makes violence seem so commonplace that it is acceptable.

Because I don't absorb hardly any of the mass media, I don't get angry, fearful or frustrated very often any more. But this letter from a prisoner did arouse my empathy and got me angry again at the Profit System.

I suppose I use this newsletter to let off steam. I convert that anger into my attempt to help build a better System. I turn it into a motivating force instead of allowing the anger to destroy me or turn me to crime. Anger and hate destroy the people who give them a home. Do some angry good people turn to crime for release or for revenge?

#### Millionaire

I had a chance to talk to a millionaire the other day. I asked him

if he thought the PES would work. He said he didn't think people would work without wages. I forgot to point out the 84 million or more volunteers we already have.

Then I asked him if he thought that people in the USA would like to get Freedom. He said, "How do you define Freedom?" I said that it meant being able to do whatever one wished to do. He said that he doesn't define Freedom that way and that people in the USA already have Freedom, so what's the big deal?

He is a nice guy and has been reading my papers for over 20 years and still does not understand. He keeps his nose too close to the grindstone making money and plays too hard to have the time to question and observe the System from a relaxed and uninvolved perspective.

After that conversation I surely felt depressed and hopeless. He is an intelligent successful honest business man. How many more of my readers can't understand the PES and the PIS? I surely must be a very poor definer of the PES and the PIS. It seems so clear and simple to me. I just don't understand why people can't see it. *But*, something quite similar was explained to me 29 years ago, when I was a successful landlord and business man, and I couldn't understand it either, then. About two years later I dropped-out. Wow! Perhaps that explanation, 29 years ago, was a "wedge" that took two years to open up my awareness. Well then, I shall try to drive wedges too and not expect an instantaneous acceptance.

#### Skis

I bought a pair of down-hill skis, boots, poles and a flour sifter the other day from a Salvation Army thrift store in Minneapolis, all for \$9.50. I can now sift through my ideas and try to write more convincing papers. I plan to buy or make a small parachute or maybe a sail that I can hold. Then I'll go sailing on my skis on ice and snow covered lakes when I go fishing this winter.

A friend showed me how to wax my skis. I might even try down-hill skiing. Haven't done that since I was 10 years old with some wooden barrel staves I strapped to my wonderful high-top shoes. (Garsh, I loved those high-top shoes. They had a little leather pocket on one side where I kept my Boy Scout knife.) I didn't even know about ski poles then days and usually fell near the bottom of every hill. I just got a book called, *A WAY TO SKI!* from the LF library. I think I will try to learn down-hill skiing.

#### Internet

I'm wrestling with myself. One part of me is trying to talk the rest of me into buying a used 486DX4-100 computer with all the goodies. I went to Minneapolis to look for one on the 26th of Dec. but, lucky for me, Que Computers was still closed from X-Mass. The University Computer Center (another small private company) said they would get me going with a brand new set-up for \$1,200. It sure is a temptation to get on-line in the Internet. One part of me is resisting. I don't yet know which side will win. If I had any brains at all I think I wouldn't get all tangled up in that mess of redundant and overwhelming information. It could absorb all my time.

Where is that easy-going life I was experiencing a while ago? I surely had made a carefree life for myself, before I bought a computer 9 years ago and published my first book. I must try to find that carefree life again, right here and now! But I do love my computer. There must be a solution to this dilemma. I'll find it . . . I hope.

#### Letter

LFP,

*Well there is only one BIG problem. Your including consumption of animals. Point... If you are going to use your time and resources to promote an other wise good idea please do it to the fullest. The raising of cattle alone attributes to a large % of global warming from methane gas they produce. Over consumption of water*

*and grains that could feed the world over 5 times. (Editor's note: What good would that do? The starving people couldn't afford to buy it! The starving people need some land, a cow, a pig, some chickens and a garden. That's what's needed!) Forest including rain forest - destruction of the worlds purifier for pastures. Oh yeah and it is not too fun to get starved put in a wood box all your life then get your throat slit or shocked to death. Also our fish in our seas are at a minimum because of over fishing (Editor's note: This is because of PROFIT, right?) - countless other species from the sea also killed because of consumption of others - ocean dumping of trash - toxic waste - oil. End starvation? Feed the world what your feeding your cow. Pollution - still in your yard - and killing trees - kills us - for your fire and car and house - we need oxygen! Sir or Madam what we need to do is rid the earth of humans - not just money - humans - mean I, you and the rest of the world - subscribe to Vomit or Church of Euthanasia. Wake up - there is not much time.*

Harlan

VA

Dear Harlan,

Sounds like you don't eat meat. That certainly is OK with me. You want to have your digestive system process all those vegies just to get a little protein . . . fine with me. I prefer to let the cows do that.

I've traveled to many of the poor countries of the world and I saw that they had plenty of food. The poor people just didn't have the money to buy it. And they were not allowed a little piece of land to grow their own food. There is plenty of food growable land for everyone in every country.<sup>1</sup> But, in most countries it is impossible for the poor people to use the land. Even in the USA, it takes money to buy some land.

You also seem to say that there are too many people. My friend -- buy yourself a car or a bicycle and

<sup>1</sup> FAO Production Yearbook, 1981, Vol. 35, by Food and Agriculture Organization of the United Nations.



drive all the way across and up and down the USA and you will find so much empty land with hardly any people around, that you can scarcely believe it. It just seems like too many people, because they have been lured or driven (and packed as tight as sardines) into cities to create a handy supply of slave-labor. When more people (like the back-to-the-land people) start moving back to the land, in bigger numbers, then everyone will have more breathing space (especially those who leave the cities).

### Stop Population Growth!

I agree with you, that we should stop the population growth before we reach the saturate point. We ain't very smart if we fuck ourselves out of a place at our own table. However, the Profiteers want more customers to sell their junk to and to have an *over-supply* of wage-slaves, to keep wages low. So you see that when we get rid of the Profit System, there will be no incentive to encourage this growth. There will be incentive to stop population growth, so that we can all more fully enjoy all the bountiful space and abundance of resources<sup>2</sup> that there are on this lush planet.

Religion works hand in hand with the Profiteers to increase the birth rate. Why do you suppose they do that?

### Food Chain

Some people have been talked out of their place in the food-chain. They have learned that plants and seeds are alive too and by scientific tests have discovered that they also have feelings and are aware and frightened when they are harvested (killed) with a sharp tool or knife. So these people tried to live on just water, air and sunshine. Of course they died in 30 to 40 days. I met two of them before they died, who lived in Florida while they were doing their experiment.

We are part of the food-chain, like it or not! We have predators who kill and eat us if we let them.

Why don't you talk to *our* predators. Tell them we have feelings too! Tell them to eat vegies instead of meat! See what the Grisley bear and the shark say to you?

Every living thing is a predator on some other living things below them on the food-chain. That's life, but you can choose your own diet and so can I.

### Escape?

Our domesticated meat animals live an easier life than their wild ancestors did. They no longer have to migrate, nor search very hard for food and water. They are protected from all of their predators (except from their owner) and they are kept healthy. They have most of their decisions made for them. They have life very easy up until the day that their wool coats are sheared off each year or their milk is taken from them twice a day or the day that they get slaughtered. They pay the price for their easy life and for their reluctance to do some quality thinking and Escape.

They have such an easy life that they have lost their desire to Escape and get the Freedom that their species once had. Does this remind you of wage-slaves who get sheared of their labor for eight hours a day, five days a week? Have they traded their Freedom for some shinny toys and a System that relieves them of important decision making? Has the System made them forget how to take care of their own needs and thereby lose their Independence? Have they lost their desire to Escape and be Free? Yes! Yes! Yes! Have people been domesticated almost down to the level of cows? Do people *allow* their masters (government, bosses, teachers, police, merchants, etc.) to tell them what they can and can not do? How can wage-slaves think that they are superior to the cows, as far as Freedom goes? The cows may have more Freedom than people have and they don't work as hard either.

### Shit!

Animals' manure enriches the soil where crops are grown. If Americans weren't such suckers, they would use human manure too,

as farmers do in some other countries. My father put our out-house cleanings along with the other animal manure on our crop land. All farmers were Organic Farmers then. People were not as sickly then. They did not put hormones into their cows then, nor injections into their chickens. My grand parents lived into their nineties. How old did your relatives get? Chemical companies enjoy big Profits from artificial fertilizers and injections.

Some farmers are catching the methane gas and using it for fuel for heating, cooking and running their cars. They use the sludge that remains for fertilizer. So don't be afraid of methane gas, except don't inhale too much of it.

Sincerely, E.M.

### Another Letter

Dear Ernest:

*I thought you would be interested in a clipping from the San Diego Union which featured people who were simplifying their lives. My wife and I were interviewed for the article.*

*I appreciated the opportunity to explain elements of our own PIS. Several friends (some from where I used to work) called to express admiration for what my wife and I have done.*

*I'm still in long-distance trucking, with my partner and I having put 100,000 miles on our truck in nine months. I was even up in Red Wing, Minnesota a few weeks ago. Some time when we're in Little Falls we'll drop by and say hello, if that's O.K.*

*Anyway, keep up the good work. I sure do enjoy living so freely and your writings have always encouraged and helped me.*

Rich Spirit California

### Should We Try?

**We can not expect things to get better, if we don't try to make them better!!!**

We have tried to hire politicians to do it for us. They have succeeded in making things progressively worse. And just look at what they are charging us for that ... a trillion dollars a year, and rising!

<sup>2</sup> See "World Game" in Buckminster Fuller's book, CRITICAL PATH.

"If you wish to get something done right -- you have to do it yourself!"

I have succeeded in gaining a lot of Freedom. But I can't do it for others. I wake up a few people and they in turn wake up a few more and they wake up some more, etc. That may be all we need to do.

I get too impatient. I've got to try to remember that the geometric progression of numbers will eventually spread the idea to all the world's people. So I don't need to fret, worry, be anxious or feel inadequate. I'll just continue to put out wedges when I can, and hope for the best. My dear old mother used to say, "Do the best you can, and Angels can't do better."

#### Cows Try!

When I was a boy on my parent's farm, our cows were smarter than some people. When the cows found a weak place in the fence, they created holes and immediately Escaped. The Profit/Wage System has lots of holes in its fence. If you Escape, there is no one who will chase after you to force you back in. No one bothered me when I Escaped, or since, except my relatives thought that I was too young to retire at age 42. Yet few people try to Escape! They have been so domesticated and are so occupied with diversions that they never think of slipping through the fence. Most people don't even know they are fenced in. They vaguely realize that their boundaries are limited by the size of their debts and the amount of money they have, but they think that is natural and proper. They now desire to be winners in the bee hive (ant hill or the whole) and they just do what they are told. They don't know what it is like to be Free! All they know is varying levels of slavery.

The trouble is, the people who rule the bee hive are *insane* and are destroying our life support systems. So what the Hell are we to do. Wake up the slaves, I guess. Maybe the best way is to just let them see what Free People are doing. God! That sounds easy. Now how do I get myself to just selfishly pursue my own PIS (Personal Independence System)?

The economics Game the whole world is playing is based on Profit and Wages. The people who are the best players at this game win the most money and become super-rich. These are people without

a conscience who are able to disregard the long-range consequences of their present winning methods. The flaw in the Profit/Wage Economic System is that it is a Game that psychopaths easily win at and very likely was invented by their ancient psychopathic ancestors.

Bucky Fuller once said, "We need to be playing a cooperative game where everyone is a winner." The PES and the PIS would fill his definition, I believe.

I'm glad I haven't invested in that 486 computer . . . just another anchor to be tied around my neck. But I still wrestle that decision.

I think I would rather have a little old row boat costing \$50 to convert into a sailboat-home (but I'll probably buy a used sailboat) and see the world and have an old lady in every port or if I were *extremely* lucky (I'm lucky, but I don't know if I'm extremely lucky), I'd have a nice old grandma on board with me. Do I hear any volunteers? You got'ta be somewhere near my 69 years of age. I'll keep your feet warm and more. With a little more luck, this could be my last issue -- but don't ever bet on it! There is a chance I might have room for a little notebook computer on board. And besides that, I plan to stay here in Little Falls until September, '96, when grandson turns 18. That would give us plenty of time to get acquainted before we launch our boat. Then we would have our cake and be eating it too. A Free person has such a lot of choices, especially if he/she has saved up a bit of money.

Perhaps we will be better teachers, if we are practicing what we preach as much as we can and allow others to observe a better lifestyle, in action. We may be able to publicize our Freer lifestyles as we are developing them. I use this newsletter for that.

The less dependent we are on society and money . . . the more Freedom we have. Is there anything more important in life than to have the Freedom to do as you please? I expect most slaves won't understand this. But Baby, I love it! I love Freedom! Money gives this Freedom. The *ability* to live without much money also gives this Freedom!!! I know! I've tried both. At present I use a little of both. It works!

Use the System to beat the System! Whoopee!!  
LET'S DO IT!!!

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Dryan  
Box 640  
Elk River, MN 55330

Send him a stamp for an LFP back-issue catalog-sheet that has a review of each issue and prices.

#### Books

My two books, I WAS ROBOT, 1990, \$7.95 and FREE I GOT, 1993, \$8.95 (both postpaid) are available from:

Marathon International Book Co  
Box 32  
Madison, IN 47250-0032

#### Internet Address

For "FREE" LFP material:  
<http://www.smart.net/~banneker>

#### My 3rd Book

LET'S DO IT! is finished and available on computer diskette. (about 767,488K)

This book carries a copyright, for protection in case someone would like to publish it in hardcover or paperback format, with my consent. It has not yet been published on paper.

You can have a FREE disk copy of LET'S DO IT! if you send me:

1. Three 5 1/4" floppy disks (DS/DD) or two high density disks.
2. Or send two 3 1/2" diskettes with 720K or one 1.4 meg. disk.
3. These must be formatted for IBM with MS-Dos, version 6.22 or lower.
4. They must be in a mailer with a return address label
5. and with additional postage for their return.
6. Also tell me if you want it in MS-Word version 5.5 or in ASCII (text).

If you comply with these requirements it is FREE from me.

Otherwise:

1. just send \$2.00 in the US, \$2.50 in Canada & Mexico, \$3.00 in all others.
2. tell me which disks you use.

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1-9-96 Ernest Mann



**Die for Your Leader?**

I've just finished reading an exciting science fiction book called, TO SAVE THE SUN by Ben Bova and A. J. Austin (1992). It has people in it that are so devoted to their Emperor that they are willing to die for him. They show respect and even love for him. Complete servitude! The author makes this servitude seem like the natural and right way for everyone to live. Most of the billions of people from a hundred planets showed this love and respect and humility for *their* Emperor, as if having a ruler was a necessary thing that beings have always had, have wanted, always will have and could not exist without.

It shows the private life of this Emperor and tells us what a magnificent and nice guy he is.

This book shows another man just as devoted, to his *cause*. The author tries to show that it is also a natural thing to be willing to die for a "cause."

Most spy stories make it seem natural for spies to have devotion to their government leaders. In war stories the heros' usually show devotion to their country or their cause.

The war novels make war seem inevitable and a natural phenomena, so we don't stop to ask the questions, "Who starts the wars?" and "Why do they start wars?" I know damn well that I don't start them! Do you? The serfs certainly didn't start the wars centuries ago.

Are the "Powers that be" getting us ready to accept hereditary Kings and an Emperor again? If so, why?

"It is not yours to ask why . . . but yours to do or die!" I wonder where that came from?

For some reason (perhaps the cumulative effects of reading many novels of this kind) my mind has finally awakened to this type of mind-conditioning, which

tries to make us believe that it is *natural* and always has been, to have leaders.

When one thinks about government leaders, one does not stop and say:

"I am my own leader! I know better than anyone else what is best for me! I was born to lead myself! I will not pay taxes to have someone lead me! I will learn how to be Independent! I am not a piss-ant! I refuse to continue to act like a slave!"

No! These thoughts do not even occur to us do they? Why not?

The feelings of being Free have been totally erased from our species memory. We have no racial recall of what a Free Being feels. The super-rich people no-doubt know this Freedom feeling and it is passed on from generation to generation of their families.

This book shows the Emperor making decisions, with advice from *his* specialists and the cooperation of *his* sub-leaders, that effect one hundred planets and all their inhabitants. The author convinces us that the Emperor has the necessary wisdom to lead all these people.

Because of all of our mind-conditioning it is difficult to imagine a world without a Ruler. Since the beginning of written history we have been led to believe that we have always had Rulers of one sort or another.

**No Ruler?**

What would the world be like *without* Rulers to direct nations and sub-rulers all the way down from federal, state, county to city and village Rulers? Could we continue to live without these Rulers?

At first thought it seems that we must have them, doesn't it, regardless of how much we detest their blunders? (A Minnesota Con-

gressman has just resigned, because he was *caught* shoplifting in Painsville.)

Let's look at a situation where there would be no government and no Rulers and no Laws. Let's start at the bottom of the Power pyramid, where we are. Let's look at our own daily life. What decisions are the Rulers making? I just finished skimming Section A (14 pages) of the Star Tribune of Minneapolis for 1-10-96. There were 31 articles involving Leaders. I could not see that these leaders' decisions and/or actions were anything that people really needed. In fact we would be much better off without those decisions and actions. Because I very seldom read the mass media, I found this search through 14 pages of newsprint extremely boring. It was also disgusting, to be reminded that we have been dumb enough to put up with such a System.

Do we (you and I and each other Individual person) really need or want some leader at the top of a pyramid of Power planning and setting the direction of our own future? The nation-wide and world-wide plans these leaders are making will trickle-down and effect each one of our lives. Is there anyone (including computers) that is wise enough for that job? Even God himself, is doing a damn poor job of it. Just look at all the suffering some people have had and are having! "I would rather do it myself, Mother!"

We each have the Power to plan our own future and work that plan to create the kind of future we desire for our self. Do we really want stupidass-crooked-politicians meddling with our future? If we are so dumb that we can't wipe our own ass, then I suppose we do. It is much easier to say, "Yes, Sir!" This is what most people say, rather than figure things out for themselves. They are kept too busy

trying to pay their bills and deciding what to buy next.

But some of us are Escaping from the Rat Race and are beginning to discover that we just don't need, nor want a government, nor do we wish to help pay the trillion dollars a year for the privilege of having slave masters.

Without governments, people will make their own decisions. The people who make or raise the products and provide the services will make all the decisions in their own fields based on the natural Laws of Supply and Demand. (They will supply enough to meet the demand.) They have *no* need for an outsider to govern them. With no monetary Profit from their work there will be no reason to cheat, lie, deceive or produce inferior products or services.

### Police & Laws

What about having police to protect us from the bad guys? And laws to keep people in line?

Without government, i.e., laws and police, in the Priceless Economic System and in the Personal Independence System, people would very soon learn for themselves which of their words and actions brought a friendly response from others.

People all seek happiness. They will learn that meanness on their part will not bring a favorable response from others. In the PES & PIS there won't be a reason to steal when everything is Free. This was the prime motive for 94% of the people who filled the prisons and jails in the U.S.A. in 1980<sup>1</sup>

In the PES & PIS it will be natural for neighbors to help and defend each other from crazy people. Life will be so good in the PES & PIS that there may not be any people going crazy, to Escape, as there are in the Profit System.

There won't be a reason (Profit) to hoard land. So everyone will have access to a Free piece of land to live on and experience the joys and Independence of raising their own good healthy food and family.

People won't be forced to live in the Rat-box cities where they are dependent, starved, hassled and harassed until they become deranged and sometimes mean.

There will be no Profit in starting wars and sending our young people off to kill and be killed. Nations will no longer need to be afraid or hateful of one another.

Factories will no longer Profit by polluting our air, land and water. When everything, including labor is Free, it will make more sense to reclaim and recycle all waste material, so that pure water at natural temperature comes out of their sewer pipe and only pure air leaves their chimneys. When people have the choice, they do not piss and shit in their own drinking water!

### Joy

And what a relief it will be not to have elections of rulers. And not to have any more advertising. And to have a totally enjoyable voluntary educational system. And to be able to work at something one *enjoyed* doing and to get Free on-the-job training if one wanted it.

Oh why, oh why, do we not change-over immediately to this preferable system of PES & PIS???

I'll tell you why! People don't know about it! Let's inform them! LET'S DO IT!!!

I suppose our current form of Government is merely a costly sophistication of the old-time King's soldiers enforcing his Rules and collecting his Taxes. At that time people knew that they were just serfs (slaves) and just obeyed or Escaped.

Today, the slaves think that they are Free, as they go to the polls and elect some flunkies to carry out the wishes of the super-rich people to Govern us as *they* see fit. They don't carry out the wishes of us poor people, I've noticed. They surely have done a thorough job of brain-washing us.

### Hard to Conquer

A world without a leader would be very difficult to conquer, I

think. There would be no leaders to subvert or to command to say, "We surrender!" Each person would have to be conquered individually. That might be more difficult than potential conquerors would care to attempt. They couldn't hire soldiers any more, to fight and die for them, when no one needed the money (which wouldn't buy anything anyway).

### Solution

Once one is able to see the obvious wage-slavery we are in, then one can begin planning and working toward Freedom. Every since I discovered the PIS in LFP #124 I have been talking about how to get Free of this world-wide Dependency System that I call the Profit/Wage Economic System.

The biggest secret, I think, is to learn how to get the essentials one needs to live -- without using money or barter, i.e., to become as Independent of the Money System as one can possibly become. This means becoming Independent of other people as well. It also means getting out of debt.

Gaining the Personal Independence System for oneself is not something that can be done all at once, unless you have lots of money. It is like many other good things, it must be done a step at a time.

Gain Independence in one tiny area of your life at a time. Each step we take gives us a little more Freedom (and more Free time) and this gives us more hope and encouragement to go for the next step that we can see, to get even more Free of our slavery to money, government and *those people* who control both.

We are not Free, as long as someone can say to us, "If you don't obey me or if you don't pay me, you can't have . . .!" Also remember, "When you take pay, you must obey!"

### Home Life

In the PES & PIS families would not have money worries any more. No more fights with spouse

<sup>1</sup> Statistical Abstract of the U.S., 1985; American Prisons & Jails, 1980, Vol.3.

or children about money. Won't that be great!

There will not be poor people any more. Everyone will have Free access to all goods and services. Children will not have to put up with richer kids and wish for more expensive clothes to try to feel as good as them. There will be no status value in Free things and only the very best quality will be produced.

When a partner comes home from his/her job they won't be exhausted and frustrated and take out their bad feelings on their family. No! They will have had fun at work and they will bring that joy home to their family.

~~Daycare centers would not be needed.~~ If one parent didn't want to be the sole child rearer and homemaker, the parents would take turns working at their jobs and switching roles whenever they wanted to. Children would then always have a love bonding with their parents.

Under loving joyful conditions like these, children would have a much happier atmosphere to grow up in. This is how we would produce a superior new generation of happy people, who would then be capable of rearing an even more superior generation.

When schooling is *not* controlled by money and government, but is made Freely available by people who truly care for children and is voluntary for everyone concerned, then learning will no doubt take on a completely new and different format.

Home schooling has already proved that the amount kids learn in the current school system can be learned at home in two hours per day, if a parent has the leisure time and the patience.

Don't you wish that you could have grown up in a family life like that?

#### Letters

Dear Ernest,

I enjoy your newsletters a great deal and I am quickly paying off my debts. No more monthly payments! No more loans! No more credit interest payments! What a

wonderful feeling to know that I don't need a lot of new toys (cars, TV, furniture) to make me happy. Also, I have begun to list all of my purchases. Great fun.

Here is a quote:

"To become acquainted with oneself is a terrible shock."

C. G. Jung

I plan to take a voluntary early retirement if offered. Thank you for your individuation.

Andrew

CA

Dear Ernest,

Thank you for not giving up on PES and PIS. You are making a difference. If you influence only one person, your life's work is a total success. I must say, you have influenced me. I am now living in PIS. This is the first time in 20 years I don't owe anybody any money. It is a wonderful feeling. My 9 year old car runs all the better when I remember that I hold the title in hand and that I do not have to work to keep the car.

I thought last night about our nation. We are now in Europe again on another military mission. Depending how we count, this makes at least the third time and more precisely, about the 5th or 6th expedition to Europe in less than a century. Every time, we went armed and every time many died on all sides. The destruction to the property and the rebuilding costs were all preventable wastes. If no one had made money from raising or building a city, I am pretty damn sure no one would have been bombing and blasting cities.

Our government is in a panic. We allegedly have no money and cannot operate the government. How soon we forget. The Viet Nam war was financed with 30 year bonds. Those bonds are now just beginning to come due and we cannot pay the interest on them or the debt. What will happen in two or three years when the really big spending days of Viet Nam come due?

The time is right for PES. It may evolve on its own. Are we ready and willing to accept a war-time economy like we had in WWII where we could not get gas, nylons, sugar, tires, meat, soap, eggs etc? Or will we choose the cowards way out and finance this expedition on the backs of the unborn? Will we roll over our bond obligations or pay them with more borrowed money so the future generations will have to pay for our current lack of courage? If we were honest and had honest journalists, we would know exactly why America is broke. It would be a terrific lesson to every citizen why one should hardly ever buy on credit, and never buy anything on credit that can be consumed.

Please keep writing the finest newsletter in the world. The LFP is far more important than all the "How to profit from genocide, death, divorce, and dysfunction" newsletters and info-commercials on the planet.

Gary W. Hemphill Greenville, PA

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1-16-96

Ernest Mann

# JOHNNY PEAGEMAKER

STORY: ERNEST MANN  
ART: DIAN

HOW CAN WE START THE WORLD VOLUNTEER ECONOMY? WHERE PEOPLE DON'T TAKE PAY AND EVERYTHING IS FREE? YES.

NOT USING MONEY, CREDIT, BARTER, OR ACCOUNTABILITY? YES, YES.

WHERE WE HAVE NO REASON TO START WAR, STEAL, STARVE, OR POLLUTE? YES, YES, YES! HOW?

FIRST, EVERYONE WILL NEED TO KNOW ABOUT IT. HOW CAN WE TELL 4 BILLION PEOPLE?

COULD YOU TEACH TWO PEOPLE ABOUT THE VOLUNTEER ECONOMY? I GUESS SO.

TEACH EACH OF THEM, TO ALSO TEACH TWO MORE PEOPLE WITHIN A WEEK. OH! THE GEOMETRIC PROGRESSION OF NUMBERS.

YES. TEACH 2 THE FIRST WEEK, THEY TEACH 4, THEN 8, THEN 16, 32, 64, 128, 256, ETC. IN 32 DOUBLINGS (WEEKS), WE WOULD REACH 4 BILLION. WOW!

SOME WILL NOT TEACH TWO, OTHERS WILL TEACH MORE. THE MASS MEDIA WITH ITS WORLDWIDE RADIO AND TV, IS BOUND TO JOIN IN EVENTUALLY.

WE'LL START THIS TOGETHER. GREAT IDEA! YES. WHO SHOULD I TALK TO FIRST ABOUT THE WORLD VOLUNTEER ECONOMY? START WITH YOUR BEST FRIENDS. JOHNNY.

NO MORE NEED TO ADVERTISE AND SELL AND USE CASH REGISTERS. THESE PEOPLE CAN FIND BETTER USES FOR THEIR TALENTS.

WHO WILL RETRAIN ALL THESE PEOPLE? ON THE JOB TRAINING IS QUICK, INTERESTING AND PRODUCTIVE.

AFTER EVERYONE KNOWS ABOUT IT, THEN WHAT? GREED AND SELFISHNESS! PEOPLE WILL NOT BE CONTENT UNTIL THEY SWITCH-OVER.

MOST PEOPLE GIVE UP THEIR HOMES, CARS AND LAWNMOWERS AFTER THE CHANGE-OVER? WHY SHOULD THEY?

POSTERS, CAMPAIGNS, STREET THEATRE, FUND RAISERS, SELF-PUBLICATION, PARTIES, MYTH MAKING. WHAT ELSE CAN I DO? THINK OF WAYS TO GET THE MASS MEDIA INVOLVED. JOHNNY.

I THINK I WOULD LIKE THE VOLUNTEER ECONOMY. WHAT IS BEST FOR THE INDIVIDUAL IS BEST FOR SOCIETY.

For Free info, send stamp: Little Free Press 301 SE 11th Street #218, Little Falls, MN 56345-3378 **FREE** Reprinting Permissible

**Can This Be True?**

Am I the cumulative effect of all the thoughts that have passed through my mind? Have those thoughts made me into whatever I am today? Most of these thoughts were created (or at least effected) by what I have seen, heard, read and felt. All of this was recorded in my mind's memory bank. Much is still available for recall. And probably much more is available to my subconscious to use as it will. Can this be true?

If this is true, then I should be more careful about what I allow my mind to think about. Has my health been effected by my thoughts? John A. Schindler, M.D. in his book, HOW TO LIVE 365 DAYS A YEAR, (1954), shows us how our thoughts effect our pituitary gland. The pituitary is a small but major control center in the middle of our brain. It controls the adrenalin gland and several other glands that control our health. This book helps one *understand* the major role that our thoughts play to keep us healthy or to actually make us sick. It was surely a God-send to find this book. I can't recommend it enough. It is still in print, so I bought one for each of my kids. Now, about two years later, two of them have started to read it and admit they like it.

Enough about health. Now, how do our past thoughts effect our personality? For instance, do the people who thrive on Rap music become mean and hateful personalities? I have seen people effected that way. Does the mood, music sets and do the lyrics get recorded in our memory bank like everything else? If so, then we have more reason to be very discriminating on what we allow into our thoughts.

**You Are What You Thought!**

I awoke from an astonishing dream this morning. I dreamt that

I was standing with a few other people around a circle. We were becoming aware of our Power to concentrate our thoughts so intensely that they became realities. That is, we could create things or situations by concentrating on them.

The dream was perhaps something I picked-up from the book, SPHERE, by Michael Crichton, that I read months ago. The alien sphere in that novel taught people to manifest intense thoughts into reality.

In my dream, if I would intensely concentrate all my thinking on one thing . . . whatever I was thinking about, would materialize before me. Garsh, if I could do that, it would be a handy ability to have. I wouldn't need to walk to the grocery store or the bank any more. I might not even have to go to the bathroom any more.

But you know, there was a lot of truth in that dream. It is true to a certain extent. If I concentrate even a little bit, on the dirty dishes in the sink, it is not long before I get up and wash them. If I concentrate on my desire for ice cream, it isn't long before I'm walking to the store to buy some. So my focused thought soon becomes a reality.

**Watch Out!**

I suppose we had better watch and become aware of what we concentrate on, because we will probably move our bodies sooner or later, in that direction and materialize those thoughts.

By writing down bits and pieces of that vivid dream, more of it is coming back to me. And a new realization is dawning on me -- "We become what we think!" "We become what we think!" "We become what we think about!" Victor Lindlar wrote a book, YOU ARE WHAT YOU EAT. That book had a lot of truth in it too. But our thinking is what determines what we eat.

Most of the time our five senses (maybe our sixth sense, too) guide most of our thinking. We think most about what we see and hear, I suppose. If we are seeing or/and hearing the mass media, then our thinking is being guided by *whoever* controls the mass media. Do you suppose the poor people control the mass media? Or is it vise-a-versa?

Even those of us who don't absorb much of the media have most of our thinking led by what we see and hear. On rare occasions we manage to focus our thinking on one idea and accomplish something for our own benefit.

Surviving, writing and publishing the LFP are the major focal points in my life at this time. But, most of the time my mind is fluttering from one thing to another that happens to come into my line of vision or hearing. If I directed my thinking on sports and on their scores and on the wars and the latest political blunderers and the other violence on the news or on the soap-box operas, I probably wouldn't manifest the LFP or much of anything, except a couch potato.

The things that we concentrate our thinking on, usually happen. I concentrated on making money in my younger life, and I did it. I later concentrated on Escaping the Rat Race and I did it. I am Free enough now to do almost anything, within the limits of my money and my ability to live on very little of it. The more I concentrate on it the more I learn to enjoy life without allowing money to be the deciding factor.

**Focus On What?**

If I hadn't yet figured out what I wanted from life, I think I would concentrate my thoughts on discovering what choices I had. I would spend lots of time in the library doing research. I might even take a trip to a big city library to get more information.



[God! My grandson hates it when I give him advice. I just hope you LFP readers don't feel as he does or I really should quit writing the LFP, because I just love to give advice. It gives me good feelings to think I may be helping someone. Is that a proper slave attitude or is it just a grandpa attitude? Or am I just an average old fuddy-duddy? If you don't want to read my advice, please let me know or skip over it.]

The LFP is directed at anyone who can read, young and old and all those in between. Some of the young people think my ideas are really stupid. They think that older people are senile and crazy, if we prefer *not* to conform to whatever is "politically-correct."

I wonder if young people have sufficiently squelched most old people's ego to the point where they have given up on trying to share their knowledge, wisdom and short-cuts and created rest-homes to Escape to? Perhaps we old fogies need more patience. These kids will grow-up mentally, some day, we hope. There may be a time when they will understand what we have tried to teach them. That's why, I think, it's important for us to get our ideas down on paper, where they have a little better chance of surviving. When we are dead and gone, our ideas may still help some people.

An underground paper, newsletter or zine is a way to record our ideas. A book is even better. A typewriter or a computer make a *readable* record. Copy machines are a cheap way to multiply distribution. Offset printing makes a more long-lasting record. Offset, doesn't crack off at the folds.]

When I was young I took some vocational aptitude tests to see where my abilities were the strongest. I was told my best bets were law or sales. I chose sales and mostly self-taught myself from books and trial and error.

After you choose a path in life, if you find out later that it was the wrong path, you can always

change paths and you will have learned something. Probably no one path will take you all the way. There is nothing wrong with changing paths.

Not choosing a path is almost as bad as not breathing,

because then you just don't make any headway.

Choose a path, then you have something to focus your thinking on and then you have a good chance to manifest it.

Be aware of the plan to; "*check-up-on what you are thinking about*," and do it every once in a while. It helps one to re-focus on what he/she really wants to get out of life. Most of us have a short attention-span, unless we get whole-heartedly into some thinking that interests and inspires us. If we focus on manifesting what we want from life, that should interest us.

#### A Friend Asked . . .

"In the Priceless Economic System and the Personal Independence System, what if someone had a large suite of rooms in a grand hotel with a hot tub and a sauna, wouldn't he be able to get his pick of girl friends? Wouldn't everyone want the best and the biggest house or apartment?" This is the way people are in the Profit/Wage System.

Let's say that everyone in the world agreed to change-over to the PES-PIS on the first day of next month. So on the first of next month; all debts would be canceled, people would all work without pay and everything would be Free for everyone. So we would each own the place we lived, as long as we cared to live there. When we moved out we would leave an "Empty" sign on the door and add it to the "housing-available" list on the computer Internet. We would move into an Empty that we chose from a sign or the computer and remove it from the "available" list. How simple.

I suppose you could say that we *own* the house or apartment as

long as we chose to live there, but we wouldn't have all the hassles of selling it when we moved out. Nor the hassles of rent or mortgage payments.

Getting back to the question, "Would a bigger and finer suite or house attract more potential mates?" Let's look at how things would change in the PES-PIS. Men would have to learn how to treat women as Equals or most women would move out and into a place of their own. Women and children would have Equal rights with men for the first time. So to have happiness, men and women would have to learn how to treat each other, at least as good as they wish to be treated. That has been called the Golden Rule, and it *works* and always has worked, for those who practice it.

In the PES-PIS, I expect that *dating* will become a whole new ball game. I can't even imagine how we will evolve in that area. That could be a book by itself. But I don't think that someone with the best Free house or the best Free apartment is going to get the best dates. In the PES-PIS, we won't be competing any more. We will discover that cooperating gives us better feelings. Then we will all be winners, as Buckminster Fuller recommended not so long ago.

#### Refuse to Change?

Grandson stated, "You can never get all the people in the world to agree on one thing. So you are going to have a lot of fighting if you change over with a majority vote. A lot of people will refuse to change." I beg to differ! Everyone in the world has agreed to use the Money System, haven't they? So why not the other way around?

Do you hit someone who gives you something for Free? Do you punish an employee who refuses to take his/her paycheck? Is there any way a Big Corporation employer can stop his/her employees from giving their products or services away for Free? Especially when money won't hire police persons or thugs any more. Stockholders own the corporations and

they won't need money any more when everything is Free, so why would they care?

Free people wouldn't fight the money-minded people. They would let them play their money Game with each other. Money people would soon discover how useless their money Game had become. The people who are winners in the Money Game are smart people. Let's face it! They may be smart enough to be good players in the Free Game too. They may be able to gain respect, admiration and status in the Free Game by doing good things for people instead of the bad things they do now that give them status, i.e., lots of money, in the Money Game.

Or as I have said before, some of us are already practicing the PES to some extent, by giving our product or service for Free. We are not experiencing any problems. On the contrary -- we are experiencing more Freedom and are having more fun in our work. Free workers have more Power and control over their work and their lives. People don't object to getting something for Free. In fact, many people try to give something Free back to me. I can't really see a potential problem in changing to the PES-PIS.

#### My Life

I made whole wheat bread for the third time and it was the best yet. I followed the recipe<sup>1</sup> *precisely* but the dough was too dry and difficult to mix. Next time I'll add extra water and extra milk to the recipe. I used the full recipe this time and made two loaves. It took 6 1/2 cups of ww flour. Say, that bread is heavy! Just the way I like it. One slice and you know you've had something to eat! That store bought ww bread is mostly air and has nowhere near the good flavor of home-made bread.

We had a big blizzard here last night (14" more snow) and it is still going this noon. For the first time, I adjusted my ski bindings to fit my boots and shuffled on my

down-hill skis two blocks to the mobile-home park's group of mail boxes and mailed a letter. Then home and then two more blocks to Hardee's to get some coffee and to proof this paper. I was going against a 23 m.p.h. wind, snow and a -40° wind chill. I eventually got there, but it was closed. Lots of roads may not have been plowed yet or had drifted in again. I rested behind a wind break (I'll be 69 this month) and then shuffled home. There was no hill, so no free ride.

#### My Trailer Home

I had some anxieties about this trailer. You may remember I only paid \$500 for it. We have had some -28° weather and some very strong winds. I worried about grandson's and my safety and comfort. But I'm feeling more confidence in the trailer now. It is keeping us warm and cozy. The highest heating bill (city gas) so far is \$82 for the latest month's bill (Dec 7 to Jan. 10). Minnegasco noted in their bill that they have raised their rate four cents per therm (whatever that is). It sure makes me mad to be using gas and be in a monopoly's clutches! Just another reason to keep up my search for 40 acres of wooded land so that I can cut my own wood for fuel. It really erks me to be dependent on a monopoly for anything. They are mean and mercenary! I hate being under their control enough to find a way around them.

#### Fiction

I ain't perfect. I read a lot of science fiction and spy books.

I suppose that most books are part of the mass media. To get wide-distribution, a book's contents must be in line with what Big Corporations benefit from. I think that is why neither the big publishers nor the big distributors will handle my books. They do not conform!

When I was in the Rat Race, I only had time to read non-fiction books. Now I have Free time and I find pleasure and diversion in fiction. I expect I get influenced by them, but at least if I think an

author is trying to influence me in a bad way or I just don't care for his/her style, I quit reading it. I don't think they can put subliminals in books without pictures. I look for authors that I enjoy reading and also check out ones I haven't read yet.

I keep an alphabetical list of the authors and books I've read since about ten years ago. It was mind-blowing to count them today. 294 different science fiction authors and 906 SF books. 59 other authors and 182 other (mostly fiction) books. I surely never had the time to read like this when I was in the Rat Race. Perhaps half of these books I only had to read a couple of dozen pages to find out I didn't like them. With this alphabetical list, I'm able to check on books at a sale or in the library, to see if I like the authors and also to see if I've already read them.

Here in Minnesota, rummage sale paper-back books usually go for 25 cents each. My reading entertainment doesn't cost me very much. I've read nearly all of the science fiction books in our Little Falls library. I don't care for science fantasy. After each book on my list, I have a code letter to signify how I rated it. It's easy to keep a list up to date with a computer.

Since I've been keeping track, the last eight years, I've received and read or skimmed nearly 2,000 different underground papers and zines. I sent them each an LFP.

~~Some of them are still publishing and exchanging with me. The good ones I read. The rest I skim.~~

#### Internet Address

For "Free" LFP material:

<http://www.smart.net/~banneker>

#### Subscriptions

The LFP seems to be coming out about twice a month. The LFP is "free" but you pay the postage for each issue.

U.S.A.: \$0.32, Canada: \$0.52, Mexico: \$0.46, All others: \$1.00

Please pay with US stamps, US money, check or IRC's for as many future issues as you desire.

Reprinting Permissible **FREE**  
1-22-96 Ernest Mann

<sup>1</sup> Modern Encyclopedia of Cooking, by Meta Givens, J.G. Ferguson and Assoc. (1953) 100% Whole Wheat Bread, page 538.

# PRESS ON

NOTHING IN THE WORLD CAN TAKE THE PLACE OF PERSISTENCE. TALENT WILL NOT; NOTHING IS MORE COMMON THAN UNSUCCESSFUL MEN WITH TALENT. GENIUS WILL NOT; UNREWARDED GENIUS IS ALMOST A PROVERB. EDUCATION WILL NOT; THE WORLD IS FULL OF EDUCATED DERELICTS. PERSISTENCE AND DETERMINATION ALONE ARE OMNIPOTENT.

ANONYMOUS

**Letter**

Dear Ernest,

... It seems to me that you would like to see the world adopt the Priceless Economic System in some kind of referendum, that you envision a quick and complete changeover to PES. Do I have that right? I suspect that a change to PES will happen gradually, one person at a time. If PES happens it will happen in a slow and organic manner rather than by some kind of plebiscite; at least I can envision it happening that way.

Best wishes,

TW

CA

**Could PES Start Soon?**

Yes, some people are already working and planning their lives toward a Personal Independence System. It is something that they are achieving in their own lives right now. People do this in all "hard-times" eras. People start doing things for their own survival. It was like this in the 1930's. People were becoming more Independent just to survive. Then the economy got better and people went back into debt up to their eyeballs. Debt = Servitude! Debt means that you are in debt to someone. It means that you have promised to pay them back. It means that you MUST work for someone to get the money to pay them. A slave MUST work. A person Free of debt, has a choice.

In the first place, I think people must realize that slavery exists with a job-for-pay. That, when you take pay -- you must obey! If we don't realize the nature of the Game, we soon get sucked back into wage-slavery to get more of those shinny toys, beads and mirrors in exchange for months or years of our life. We sign our self into indentured slavery for the length of the loan or mortgage. In the case of rent, we sign into indentured slavery for life.

So, if our "motive" for Independence is to keep out of slavery, then we may succeed. Some of us are learning to be more Independent, but we still must use some money, so we can't get entirely Free.

On the other hand if the change-over to the Priceless Economic System and the Personal Independence System were to happen quickly by some kind of plebiscite, just think what a wonderful world we could all begin living in very soon. Surely it would be worth while, merely because it would end wars and taxes! (Some back issues of LFP explain more about PES-PIS.)

**Grapevine**

The simple old-fashioned "people's grapevine" spreads jokes and gossip across the world in just a few weeks. Perhaps that is what could be used to spread the idea of the PES-PIS. When enough people were discussing and arguing the PES-PIS, the world's plebs would soon figure it out and demand a vote on it.

If we don't raise a finger to help make the idea known, we certainly can't expect a quick change-over, can we? So really, it is up to us few, who know about the idea -- either we help spread the idea or we just don't get a world-wide Utopian type of world to live in. But if we try -- we might just do it! What have we got to lose?

This gamble is much better than what the gambling casinos and the lotteries offer. With those you lose every time you pays your money. Once in a while you win a little spit-in-the-ocean. But gambling with the PES-PIS, you don't lose. As you play the PIS Game, you steadily win more Independence. If you win in the PES Game, you get the "jack-pot" and create Utopia. Then everyone wins along with you. Seems like pretty

good odds to me. I believe even Buckminster Fuller would have liked this Game.

Because I got myself out of the Rat Race 27 years ago, I have had more Free time than most people to examine and figure things out.

I went to college for a little while but they keep me too busy, learning how to be a useful slave, to discover how the Profit/Wage System really worked and who controlled it. They didn't teach the truth about that. In fact that truth was very well concealed. With my 24 hours per day of Free time since 1969, I have learned some of the secrets of how the Profit/Wage System works and who controls it.

I encourage people to pursue the PIS to gain the Free time to think and then to help change the entire world to the PES-PIS.

**A Long Enough Lever  
Could Lift the Earth**

Those of us with lots of Free time could become very powerful levers, to help tip the scales for a wonderful exciting future for all human kind.

We have the time to think for ourselves. We are learning what is best for an individual.

What is best for an individual is best for society.

If all individuals are happy being Free, then society is happy, right? We have been taught, just the opposite, "What is best for the *most* people is best for *all* people, and to heck with the few who don't agree." They call that Democracy, with a majority vote, to determine and control how slaves will live. The super-rich people don't seem to be governed by the democracy rules. Democracy is a set of rules for slaves in a slave state, that the slaves have been led to believe, they rule. *Slaves* ruling slaves. Does that sound contradictory?

How about Free people *ruling* Free people? More contradiction?

### Create Slaves?

All you need to do is make someone dependent on you. If they are dependent on you long enough, they forget how to take care of them self. Then you have a slave to do your bidding.

The trouble is, a slave-chain has two ends. You are on the other end. Now you must guide your slave. For me, guiding a slave is not worth the work they do.

### How to Help

If we don't like things the way they are, we can't expect them to get any better for us, if we don't do something to make them better. We have tried hiring politicians to make things better for us . . . they made things better for rich people and for politicians. Is it wise to continue this practice?

Helping to change the world into Utopia, starts with just telling a friend about the PES-PIS. Just asking them for their opinion about PES and PIS. Everyone loves to give their opinion. If you ask, "What is your opinion on the PES-PIS?" They would then ask you to explain what the PES-PIS is all about. It creates a perfect opening for you to hand them some literature on PES-PIS while you're explaining. Perhaps you could take articles from different LFP'S and paste them together and make copies to give to those who ask. Or you might like to write it in your own words to clarify it for them and make copies of that. If you come up with something that works and wish to share it with other LFP readers, send me a copy and I'll include it in the LFP, with credit to you, or to anonymous.

If we share these ideas with people near home and some across the country and in other countries, we give these ideas more chance to spread. The multiple progression of numbers joins our efforts.

### Mass Media

The media has done a fantastic job in keeping people *busy* with

trivia, i.e., things that really don't matter, and with world-wide news that people can't do anything about (except worry). The media keeps people too busy to figure out a better lifestyle for themselves. Divorce the mass media and marry yourself! Be good to yourself! Jump *over* the Rat Race and you can Win!

### Book Thief

The book-thief news clipping I sent out was about the prisoner who wrote the letter published in LFP #130. To stumble on to that clipping was such a coincidence, I thought you might be interested. I very rarely read the Minneapolis paper that I found it in.

### Rich Guys

For the past 27 years, why haven't the super-rich people stopped my LFP expose' of the Profit/Wage System? I think it is because they would like to see the PES happen too, only they just don't think people are worth the effort to "give" them Freedom. Perhaps they know that you can't "give" anyone Freedom, because someone else would just take it away from them again. No! People have to "take" Freedom or they won't know how to keep it!

The super-rich must look at us, as a farmer looks at his domesticated animals. He figures they would starve if he set them Free. But if they became smart enough to get Free, they might be smart enough to survive. Thus, less burden for the caretakers.

Most of us Super-Chimpanzees, who have been corralled into cities, have forgotten where the bananas and nuts grow. We have forgotten how to take care of ourselves. Now we must be herded, directed and cared for. Not so different from cows. Even cows were once Independent and took care of their own survival. If cows did it, maybe humans could.

Radicals have led us to believe that the Super-Rich people are bad guys. I'm *not* sure they're bad. I should think they would be exasperated at how dependent we have

become. We now even want "them" to take-care-of our health, too.

### PIS

The Personal Independence System is a lifestyle where one strives to become as self-sufficient as possible in regard to all survival necessities. This includes the three basics; food, shelter and clothing. So that in case of a complete collapse of the world-wide Profit Wage Economic System, one could still survive nicely without a job and without government, money, credit or barter. That would be Independence!!!

Our last collapse was in 1929/1930. It is about due again. If you were in debt like governments are now, how much longer would *your* creditors wait? Get prepared!

A. First get out of debt, one way or another.

1. Save up some money and buy some land and build a shelter from the materials already there. Shelters take many forms. Some are made from: logs, boards, stones, clay bricks, sod, rammed earth, straw bales, bark, mud and twigs, etc. Grow your own food and wool, down and leather for clothing. Or,

2. Become a nomad. People are finding ways to live rent-free and tax-free on deserts, in forests, in abandoned buildings, on lakes, on rivers, in swamps, on mountains and on the oceans. (I plan to do it on a sailboat on the oceans in less than a year from now.) Or,

3. What options can you add?

B. For the things that you can't provide for yourself, cooperate with other PIS people to produce them. Or take a job for a short time in the P/WS to get money to buy what you can't produce for yourself.

### PES

In order to keep the PES free from domination by some super con-artists, I think we must each become expert in the PIS so that we have the Independence and

Freedom to say "No!" to a potential dominator.

The Priceless Economic System is an economic system where all work is done by volunteers and all products and services are free of charge to everyone.<sup>1</sup>

Some people call this a "Gift Economy." It is more than that. People do enjoy giving and receiving gifts, but this is also an economy where people get pleasure in doing their work. They produce because they get lots of good feelings from the work they chose. They get added satisfaction from "giving" to people who desire their product or service. Giving is lots more fun than selling. Getting something for Free is much more fun than buying.

The PES is based on cooperation, instead of competition. With cooperation, *everyone* is a winner!

Industry and huge farms would not be owned by anyone, but would be "used" by whoever worked there. People's labor built everything -- money built nothing.

With the PES, there is no need for a government of any kind.

No money, credit or barter.

With everything Free of charge, there is no reason to steal or start wars. No need for an army.

This Earth has an abundance of natural resources for everyone. With the PES, there will be no Profit in making some of them scarce, nor in hoarding them.

All education would be voluntary and fun. Free on-the-job training for anyone who wanted it. People would work at jobs that they enjoyed doing. Shitty jobs would be automated or ended.

No budget limitations for inventors, research people or anyone.

Free travel with no need for passports nor border guards.

Free drugs. No need to rob and kill to get money for drugs. Kill yourself with drugs if you want to.

<sup>1</sup> In 1980, there were 84 million volunteers in the USA. I guess that proves people are willing to work without pay. There were 117 million jobs in the USA in 1990. Buckminster Fuller said that 90% of the jobs are unnecessary. That leaves 11.7 million necessary jobs. That means we already have over 7 volunteers for each necessary job.

No more need for jobs in advertising or for salespeople, banks, insurance, bookkeepers, mafia, spies, crooks, tax accountants, politicians, bureaucrats and other useless jobs.

No more Profit in polluting.

No status or Profit in taking "too much" free stuff. Too much then becomes a burden.

Free hospitals and all Free medical care.

No written laws. No lawyers. Total Freedom of religion for everyone.

No taxes, rent or payments of any kind.

Total Freedom for everyone to experiment with the Golden Rule to learn first-hand how it works.

In the PES, where we cooperate instead of compete, friendships will be much easier. We will discover friends to be more dear to us, than money ever was.

#### Family Life

We had better start patching up our family relationships and start learning how to get-a-long together. Come the next Depression . . . families will be drawn back together. We'll work together and share in order to survive when government checks and pensions stop supporting us and jobs become impossible to find. Just ask some old people what it was like in the 30's.

#### DDT Photo

In the National Geographic, February, 1996, they had an old photograph of a billowy DDT cloud being sprayed over a beach and lots of beachgoers in New York. The spray-truck sign read "Harmless to Humans." This was a 1945 mosquito-control project.

DDT was finally banned in the USA in 1972.

How many more of the chemical Corporations' poisons are going to test out as dangerous to humans in 27 more years?

We just can't trust these legal entities called "Corporations." Their owners (stockholders) are mainly concerned with the bottom-line. These billionaires only care about

PROFIT! They don't care one damn bit about slaves. There are plenty more.

This is just another reason why PIS and PES are important projects to push, if we wish to survive with a healthy body and stable mind.

#### Mis-quote

In LFP #131, I misquoted lines from Lord Alfred Tennyson's poem, "The Charge of the Light Brigade." My quote should have read:

"Theirs not to make reply,  
Theirs not to reason why,  
Theirs but to do and die."

What a seer Tennyson was in 1855. Can you see soldiers are still doing it? Can you see how employees (slaves) are still doing it? They take pay and they must obey and dare not ask the reason why.

*Independent* people can damn well ask the reason why! And not have-to, "do and die" for a Corporation.

#### Back Issues of LFP

Back issues of LFP are as current as this issue and are available from:

Dryan  
Box 640

Elk River, MN 55330

Send him a stamp for an LFP back-issue catalog-sheet that has a review of each issue and prices.

#### Books

My two books, I WAS ROBOT, 1990, \$7.95 and FREE I GOT, 1993, \$8.95 (both postpaid) are available from:

Marathon International Book Co  
Box 32

Madison, IN 47250-0032

#### New Book

My third book is ready for a publisher. Anyone interested?

#### Internet Address

For free LFP newsletters and free LFP books:

<http://www.smart.net/~banneker>

#### Subscriptions

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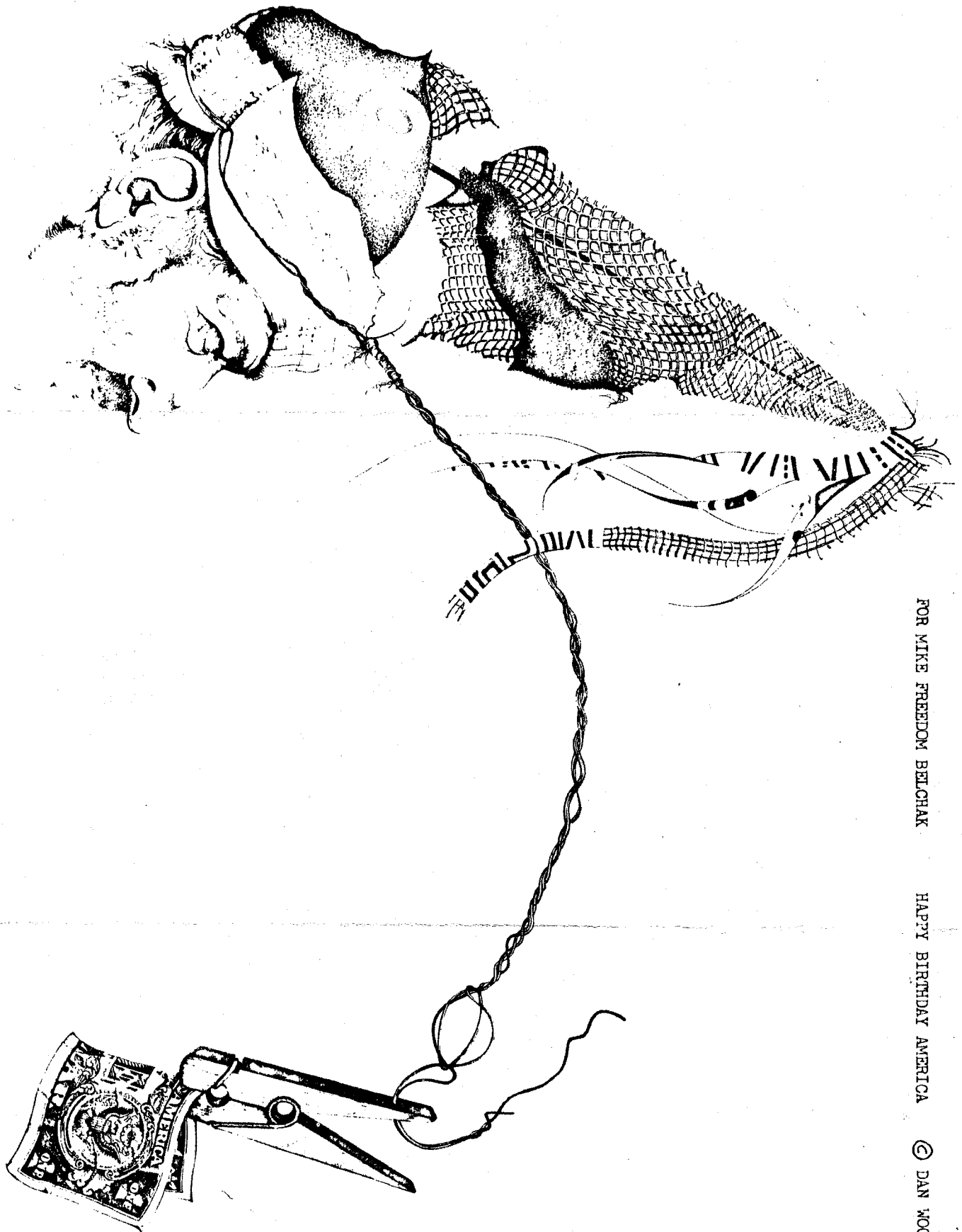
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(This is my 69th Birthday Issue)

1-30-96

Ernest Mann



FOR MIKE FREEDOM BELCHAK

HAPPY BIRTHDAY AMERICA

© DAN WOOD 1976

**Control You?**

Are you allowing anyone to control you? Is that person running your life? In some ways? Do you know who that person is?

If no person is controlling you, does any "substance" seem to have control over your will-power at times? Are you addicted to anything? Do these addictions make you think that you enjoy them? Why don't people quit taking any substances that they *know* is harming their bodies and eventually their minds?

That is the nature of the Beast! It makes us believe that we can quit any time we want to. We don't always notice the harm, until it's too late. It doesn't allow us to want to quit, with *enough* determination, so that we do quit.

These substances; tobacco, alcohol and the other drugs, have eaten up peoples entire savings and turned many people to crime to get more money to satisfy (*attempt* to satisfy) these cravings (addictions). Wouldn't you say that they are allowing these substances to control their lives. Yet they continually state that they won't let *people* control them. Aren't they allowing the substance Profiteers to control them?

These substances have the Power to make people ignore the brain-damage and body damage that these habits are nibbling away at.

These habits are eating up a lot of our time. Time in procuring, in using, in coming-down and in recuperating. This is time robbed from planning ones future and from preparing for it. All the time spent in thinking about "the habit" is time lost from figuring out how to succeed in what one *really* wants from life. That's why addicts are losers.

**Advertising Field**

In the advertising field the experts have found that by repeating

an idea or a phrase often enough — people will eventually believe it, even if it is not true. They call this "repetitive" advertising. It is practiced in most advertising commercials.

People who are employed by the "System" to keep people "in-line" also use this "repeat" to train people to conform to certain behavioral patterns that benefit whoever is in control of the System.

This "repeat" process is used extensively in store-bought music. Listen closer to the lyrics. What is the System pushing? Do you really consciously agree with what the lyrics are saying? Are people gradually conforming to what they are hearing in music? Do you really want to be guided by the people who control and Profit from the music and video industry? Are you not capable of running your own life and thinking your own thoughts? Not many people are any more. They must have the radio, tape or TV on or a newspaper in hand most of the time. Why?

**People-Farmers**

Even cows knew how to run their own lives and they survived nicely, before the farmers caught them and domesticated them. Are the "people-farmers" controlling most people today? Some of us are attempting to Escape and are learning how to be Free to think our own thoughts and do our own thing.

How are we Escaping? Our first realization is to stop absorbing the mass media, i.e., the media brain-washing, that probably includes all the music on the mass market.

**Music**

But you say, "I like music. It makes me forget my troubles." Yah, it makes you forget to solve those problems and you continue

to live with them. Where does that get you?

If you like music, get yourself a musical instrument and compose as you play. Make sounds that please you. Be your own mind-conditioner. If you can't play any instrument, get a good harmonica. Anyone can blow one and the price is right. Make your own pleasing sounds with no mind conditioning (suggestions) from the System. You will discover a wonderful new way to put yourself into any mood you choose. Listening to someone else make really good music is nice — but making ones own music is soooo much more satisfying. Being a do-er beats being a couch potato every time!

You don't want me to control your thinking. I don't want you to control my thinking. I don't wish to control *anyones* thinking. I'm only trying to wake people up to realize what the mass media is doing and to get them to think for themselves! We wish to be Free Beings under our own control. That is natural. But we have allowed the mass media to lead our thinking down whatever paths that keep the System in control.

We each have our own set of moral values and they are probably quite similar. We each use the Golden Rule to the best of our understanding of it. We have survived this far with it. But when we are submitting to one or more of our *addictions*, our common sense goes on vacation and we do things that we wouldn't do if our common sense hadn't taken a trip. After we come-down, our common sense returns and we often wish that we hadn't done or said what we did.

**Drink**

I talk from first hand experience. I have quit drinking many times and poured the balance down the drain. Eventually I begin



to think I can handle it as a social drinker and have a few drinks again. Sooner or later I discover that I was wrong and I quit again. The AA may be right. That, *first* drink, is the one not to take!

I hadn't smoked pot for about eight years or more and I tried it twice recently, but have decided I like being off it better, so I will not take another hit. It is not worth it. Besides the price is way too high now. When I smoked it, a lid (a full ounce) was only ten dollars. That surely dates me.

### Mystery Novels

Some of my favorite novelists, take Lawrence Sanders for instance, have their hero very often *enjoying* a cigarette and a cocktail or beer and music. Is that why I like his novels or does he really spin a good yarn? It is hard to read his novels and not desire a cigarette and a drink and desire some nice background music.

Sanders, in his McNally series, even portrays infidelity as a natural and fun thing to do. I wonder if Sanders knows what he is promoting? He must know what people like. He has 19 best sellers. Do we like to do these "no, no's" vicariously?

Will we eventually think that they are OK to do and begin doing them for real? I think that is what I did after 22 years of a happy marriage. What a sucker I was!

### Children

I've got to give Sanders credit though, for showing us what happens to an unwanted child in a marriage. In his book, McNALLY'S CAPER, he gives us some idea of how little Lucy, felt. It almost brought tears to my eyes. I really feel sorry for little children when they are not loved by their parents. It makes me work just a little bit harder to help create the Priceless Economic System. In the PES life would be so much better for parents. They would have more time to love and understand their children. Then there wouldn't be so much stress.

Some religious and Profit groups encourage more children even if they will become "unwanted children" and suffer from that syndrome all their lives. I wonder what their hidden motive is for encouraging the birth of unwanted children??? I'll bet these are the same people who encourage the government to send troops to foreign lands to kill the residents in order to save them.

### Sex

I had been very happily married for 22 years. We were contentedly monogamous. We had a marvelous sex life and family life. Then I started to get ahead financially and got more Free time. Novels, movies and a friend with a mistress made me think I was missing out on a more-fun life.

I never even once suspected that the mass media had a heavy hand in controlling what I thought and did. I really trusted the media. If it was printed and published, I thought it had to be true. Oh, how naive I was.

So I told my wife that I was going to chase around with other women. She didn't like that idea, but I did it anyway for a couple of years. Then we separated and divorced in two years.

I learned the hard way that sex exercise is not nearly as good as sex with real love. My Ex got re-married. I couldn't blame her for that. We are still friends.

I decided about four years ago to wait for real love to happen again, instead of having one-night stands. Well, love hasn't found me yet. Maybe it will be; love at first sight, with a sailboat this fall, unless some loving active old grandma finds me first.

### Live and Learn?

If I would have learned from the mistakes of others, I would have saved myself a lot of time. Twenty-seven years to be exact. That would have given me plenty of time to enhance the love we already had.

Now I sorely wish I had learned from the mistakes of others, and

not believed the mass media's fantastic sex illusions. They were all wrong. Love and happiness are not built on sex. Fantastic sex is built on love. Love comes first regardless of what the promiscuous sex novels tell us.

### Sex Profiteers

Just stop and note how much more Profit there is when people are *dissatisfied* with their sex lives. They get divorces. They then rent *two* apartments. They buy another set of furniture. They spend more money searching for sex in bars. They spend money with family counselors. Attorneys make more money. They have children problems. There is no end to the extra Profit made from unhappy people.

So which *must* the Profit System encourage, contentment and growth or dissatisfaction and search???

### Succeed!

When I was in school and when in business, I worried about what other people thought about me. I tried to present an acceptable image.

Since I retired from the Rat Race, I could care less what people think about me. I don't have to please them any more to get the things I need. If you have the money, you can usually get what you want regardless of your image.

It is in the gathering of money where the image is important. Once one has gathered enough, he/she can say, "To Hell with a conforming image. I'll just be me!"

So I say again, if you want this kind of Freedom:

1. Discover what your best abilities are.
2. Learn a way to make money using them.
3. Get rid of your addictions.
4. Get rid of your debts.
5. Live cheaply.
6. Save money regularly.
7. Invest it in something you have expertise in and can control.
8. Let your money work for you.
9. Take a short retirement every once in a while to re-evaluate

your life and the System. Figure out better and faster ways to beat the System.

Using these methods you'll be able to Retire permanently at a much younger age than your contemporaries. Then you'll have 24 hours a day to *really* explore your brain, the System and the wonderful world all around us.

### Spendthrift

I've been saving all my cash register receipts for groceries for the last 2 1/2 months.

It really surprised me yesterday when I totalled them. I reported in the LFP in about 1990 that I was spending only about \$50 per month on groceries. And I supposed my expenditure was still around that amount.

I average \$115.48 per month now. Has there been that much inflation or am I eating differently. Probably both. I'm going to watch my food purchases a little closer this month. "Waste not — want not." I like to save my pennies, so that I don't have to get back into the Rat Race for a few more years. I want to use some of them to buy that sailboat I've been dreaming about for sooooo long.

### Letter

Dear Ernest,

*Thank you so much for the latest LFP. I always look forward to it. I think your new perspective on Personal Independence is a good one. I've been having similar thoughts myself. I don't think I should be spending too much time on activism when I'm not even living up to my own ideals. So I'm simplifying my life more and more, spending time only on what I really want to do.*

*I've enclosed the HUMANURE HANDBOOK information. You are the first person to actually write and order it since I started making it available. I have used this method with success. This spring I will plant a garden with the compost and hopefully grow my own food. I noticed you mentioned the use of methane gas; if you have any information on how to make use of methane from excrement,*

*please let me know. (if anyone has any info, please let Brendan know)*

*I am also enclosing information on BioDiesel. I saw a video called "Fat of the Land" made by 5 women who drove a diesel van cross-country powered by home-made Biodiesel — a fuel whose main ingredient is used vegetable oil, which can be gotten for free at fast food restaurants. The fuel runs in unconverted diesel engines. There is still some cost and some pollution with this method, but far less than fossil fuels.*

*I've also included information about "Food Not Bombs," "The ABC's of Squatting," (super article) ways of providing food and housing outside the money system.*

*Julie Summers is a good person to communicate with regarding simple living. (Perhaps you recall the article in NEAR MISS #3) Her address is Box 190, Philomath, OR 97370. (Also the address for Dwelling Portably, a great simple living zine.)*

*Brendan Conley (NEAR MISS),*

*Box 528, Bronx, NY 10454*

Brendan sent me a copy of the essential chapter of the HUMANURE HANDBOOK on how to make toilets where you catch your waste and use it for compost instead of dumping it in your drinking water supply. He asks \$1 for copy cost, but his postage was \$1.24. It is a great article with instructions if you plan to garden.

### Zine Reviews

**RIPENING SEASONS,** Irv Thomas, 6545 Ravenna Avenue NEE, #307, Seattle, WA 98115 (Donation) Irv's #11 just arrived. Four pages of interesting thoughts on life. This issue also talks about Internet and the why and wherefore of getting into it. Reading this zine is like sitting down with a wise old man and visiting. Always mellow and sharing.

**SERF'S UP!**, Andy Zarowny, Box 34695, Detroit, MI 48234 (\$2) v2n8 In this issue Andy did an interview with John Haynes, the editor of YOUR FREEDOM. Anyone who can see the value in John's paper has got smarts. Andy talks about a game called

"SUZERAIN"@. He also talks about a different money system. **THE REAL DEAL**, Keith Robb, 1216 Lincoln Avenue, Cuyahoga Falls, OH, 44223-2227 (\$2) #4, 8 pages. This new paper seems to be exploring Freedom and our lack of Freedom. The intelligent thought-out views are from several different authors. It also has an excellent underground paper review section.

### Copies Available

If you liked the last issue (LFP #133) and want extra copies of it to distribute—I had a lot of copies made, so I got a cheaper price from my printing company. I got them for seven and a half cents each (that's two sheets printed on both sides). You can have them for that price, plus postage.

We have been reading about Utopia for so many years—let's get the Utopian Show on the road.

### Back Issues of LFP

Back issues of LFP are as current as this issue and are available from:

Dryan  
Box 640

Elk River, MN 55330

Send him a stamp for an LFP back-issue catalog-sheet that has a review of each issue and prices.

### Books

My two books, I WAS ROBOT, 1990, \$7.95 and FREE I GOT, 1993, \$8.95 (both postpaid) are available from:

Marathon International Book Co  
Box 32

Madison, IN 47250-0032

### Internet Address

For free LFP newsletters and free LFP books:

<http://www.smart.net/~banneker>

### Subscriptions

The LFP seems to be coming out about two or three times a month. The LFP is "free" but you pay the postage for each issue.

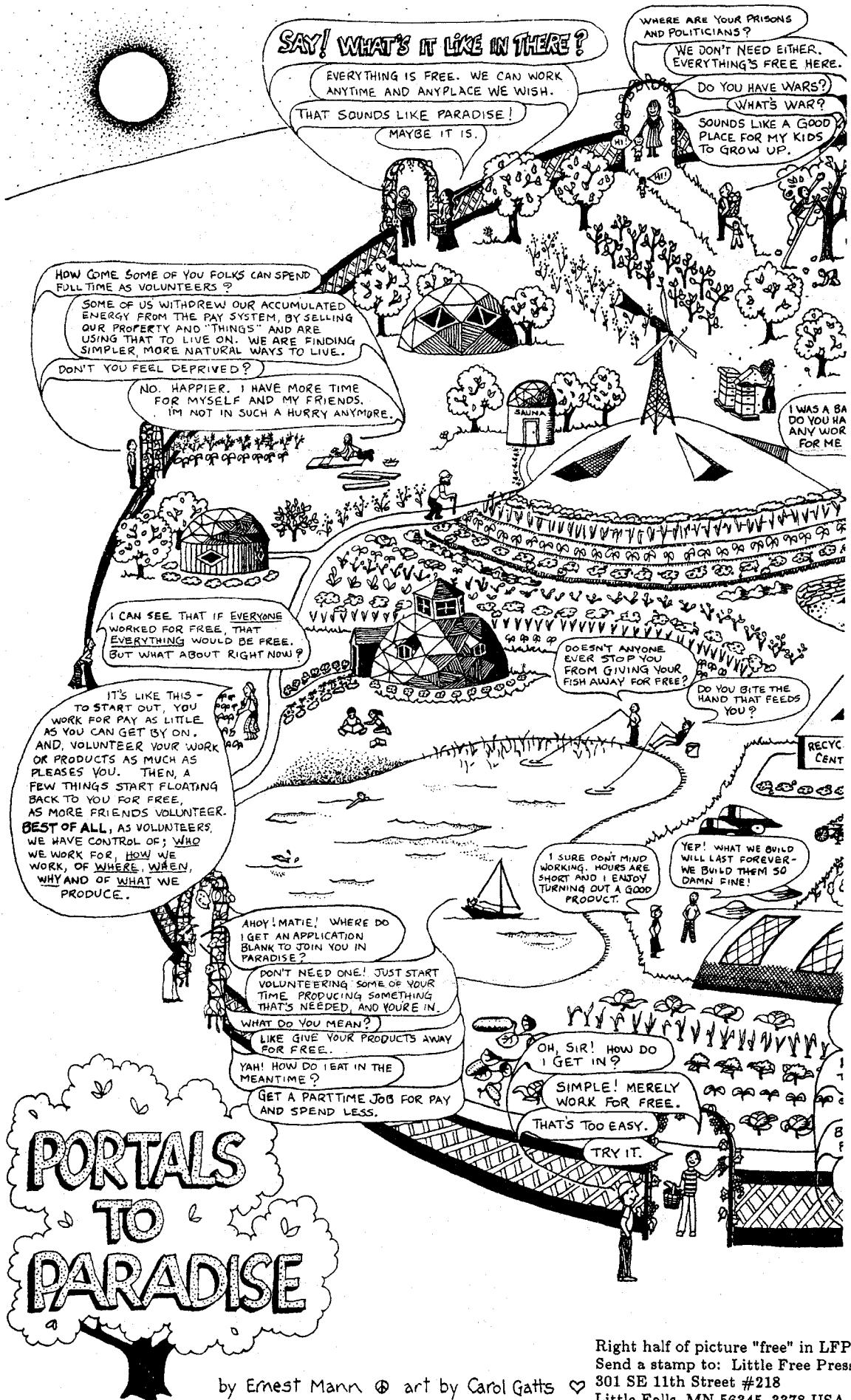
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2-5-96

Ernest Mann



**SAY! WHAT'S IT LIKE IN THERE?**

EVERYTHING IS FREE. WE CAN WORK ANYTIME AND ANYPLACE WE WISH.

THAT SOUNDS LIKE PARADISE!

MAYBE IT IS.

WHERE ARE YOUR PRISONS AND POLITICIANS?

WE DON'T NEED EITHER. EVERYTHING'S FREE HERE.

DO YOU HAVE WARS?

WHAT'S WAR?

SOUNDS LIKE A GOOD PLACE FOR MY KIDS TO GROW UP.

HOW COME SOME OF YOU FOLKS CAN SPEND FULL TIME AS VOLUNTEERS?

SOME OF US WITHDREW OUR ACCUMULATED ENERGY FROM THE PAY SYSTEM, BY SELLING OUR PROPERTY AND "THINGS" AND ARE USING THAT TO LIVE ON. WE ARE FINDING SIMPLER, MORE NATURAL WAYS TO LIVE.

DON'T YOU FEEL DEPRIVED?

NO. HAPPIER. I HAVE MORE TIME FOR MYSELF AND MY FRIENDS. I'M NOT IN SUCH A HURRY ANYMORE.

I WAS A BA DO YOU HA ANY WOR FOR ME

I CAN SEE THAT IF EVERYONE WORKED FOR FREE, THAT EVERYTHING WOULD BE FREE. BUT WHAT ABOUT RIGHT NOW?

IT'S LIKE THIS - TO START OUT, YOU WORK FOR PAY AS LITTLE AS YOU CAN GET BY ON, AND, VOLUNTEER YOUR WORK OR PRODUCTS AS MUCH AS PLEASURES YOU. THEN, A FEW THINGS START FLOATING BACK TO YOU FOR FREE, AS MORE FRIENDS VOLUNTEER. **BEST OF ALL, AS VOLUNTEERS, WE HAVE CONTROL OF; WHO WE WORK FOR, HOW WE WORK, OF WHERE, WHEN, WHY AND OF WHAT WE PRODUCE.**

DOESNT ANYONE EVER STOP YOU FROM GIVING YOUR FISH AWAY FOR FREE?

DO YOU BITE THE HAND THAT FEEDS YOU?

I SURE DONT MIND WORKING. HOURS ARE SHORT AND I ENJOY TURNING OUT A GOOD PRODUCT.

YEP! WHAT WE BUILD WILL LAST FOREVER- WE BUILD THEM SO DAMN FINE!

AHOY! MATIE! WHERE DO I GET AN APPLICATION BLANK TO JOIN YOU IN PARADISE?

DON'T NEED ONE! JUST START VOLUNTEERING SOME OF YOUR TIME PRODUCING SOMETHING THAT'S NEEDED, AND YOU'RE IN.

WHAT DO YOU MEAN?

LIKE GIVE YOUR PRODUCTS AWAY FOR FREE.

YAH! HOW DO I EAT IN THE MEANTIME?

GET A PARTTIME JOB FOR PAY AND SPEND LESS.

OH, SIR! HOW DO I GET IN?

SIMPLE! MERELY WORK FOR FREE.

THAT'S TOO EASY.

TRY IT.

# PORTALS TO PARADISE

Right half of picture "free" in LFP #135.  
 Send a stamp to: Little Free Press  
 301 SE 11th Street #218  
 Little Falls, MN 56345-3378 USA

by Ernest Mann ☺ art by Carol Gatts ♥

**"I Can't!!!"**

There are two kinds of people; the "I cans!" and the "I can'ts!" Do you know any "I can't!" people? This group says, "I can't fight city-hall, I can't find a job, I can't get ahead, I can't save money, I can't quit smoking, drinking or/and using drugs, I can't decide, I can't think, I can't get along with people, I can't keep friends, I can't stand this and I can't stand that, I can't quit TV, I can't stand quiet, I can't be alone, I can't get along without government, etc., etc."

And there is that brave group that say, "I can!" and they try. They try and try again until they succeed and they enjoy life. My faithful readers are the "I can!" people. They are the thinkers, the explorers, the inventors and the pioneers. They are glad to learn from the mistakes of others and they build their own successes.

**Best Food**

I had a dream last night that I was eating dinner with several people in some small town. There was lots of food on the table, even ice cream. The person sitting next to me remarked at how good the chicken tasted. I told her that was because the chickens were raised on a small farm and were allowed to run free and find wild seeds, bugs, etc. to add to their diet—in addition to the corn and oats that the farmer gave them. I told her that the eggs also tasted better. That they had dark orange yokes instead of the pale yellow yokes of the chicken factory eggs. Of course natural raised food is much more nutritious and keeps a person healthier than the food that is raised merely to make Profit.

As anyone can reason, big corporate farmers are like all the other Profiteers. They are mainly motivated by Profit, not people's health nor the health of the land.

**My Grandparents**

Is it any wonder that my grandparents lived into their 90's?

They raised their own food, even after they retired from their farm and moved into a small town.

They were not couch potatoes! They kept their minds and bodies active. I never heard them arguing nor fighting. They were happy and healthy people. They drank a lot of coffee with cream and sugar. About the only medicine Grandma ever took was baking soda. It is OK. It is about the only one I take too. I even use it for brushing my teeth. They didn't go to a rest home. After Grandpa died, Grandma went to live with her daughter and helped with the housework and continued her quilt and rug making and her canning. Keeping *busy* doing something one thinks is important and enjoyable seems to keep one healthy and happy.

I am anxious to move back to the land and get away from store-food that is loaded with strange sounding chemicals that are supposed to give food longer shelf life and preserve the color. That may be nice for the Profiteers, but maybe it is so well preserved that our digestive systems can't break very much of that food down. Maybe that's why we have to eat such large quantities to get enough nourishment to sustain us. If that is true—that allows them to sell *more* food.

Look how much more sickness people have today—at how much more cancer and more heart trouble they have. Look at the Obituaries. Not many live into their 90's any more. Pollution, additives and stress are surely the major causes. The media have somehow made us believe that we have things better now days and live longer. But it is not true. In some other countries people live much longer than in the U.S.A. But you only read about that in the underground papers. Back to living on the land for me! I've been there before. It is Good!!!

**Grandson**

My grandson and I have our ups and downs. Sometimes a teenager is very hard to live with. Just because one is Free, doesn't mean you don't have problems once in a while. Shit still happens! I still make wrong decisions on occasion. Hopefully I learn from them.

After grandson becomes 18 this September, I plan to sell and give away my superfluous stuff and diminish my possessions down to my car and the essentials that I'll need for cooking and sleeping.

**Motorhome**

I take out the front passenger seat and half of the rear seat and make a bed on that side. It then becomes a Micro-motorhome. It works out well with my little '87 Toyota Tercel 40 miles-to-the-gallon car. Then I'll head on down to Florida and hopefully buy a sailboat this time. I'll camp at state parks, rest areas and occasionally a motel to have a phone.

I bought this car at a repairable wreck junk yard for \$1,690. It needed some body work. It had only 38,000 miles on it. Now it has 139,000. No problems. I've driven to California and Florida several times. It was *not* fun. Who's fault? Mine! I was goal oriented. I just focused on getting there quick. How stupid!

I've got to learn to slow down and enjoy the trip along the way. Stop more often and observe what and who is around me. Even here in Little Falls, I've got to quit walking so damn fast. I miss a lot of life in the here and now, by being in such a hurry. I suspect that I have allowed the computer to do this to me. It may be the rapidly blinking cursor. Maybe it speeds up my beat—sets my pace?

The first step in correcting this hurry-hurry of mine has taken place. I have become *aware*. Now I can begin to work on slowing down and smelling the daises.

I digress. I'm sorry. I put about \$500 into used car parts and since I am retired and have oodles of Free time, I did the work myself, except I had an expert install the windshield.

### Body Work

That was a fun project . . . finding the right used parts and figuring out how to install them and doing it. I was homeless at the time. I had a car full of possessions that I had stashed in a son's garage along with the seats I had removed.

I recall having a used door and a fender in the back seat. The drivers door was tied shut with a rope and the passenger door wouldn't open. The driver door window was gone and the windshield had several cracks, like a spider web.

At night I would take the extra door and fender out and put them under the car, when I slept. I can't recall all the places I found to park to work on rebuilding my little Tercel. This was about four years ago. But I did the job somehow and it looked almost as good as a new car when I got through. It was certainly a creative operation.

I was not paying any rent at the time and didn't own any land. I was happy as a lark doing that project and thrilled at beating the System.

I had a few thousand dollars loaned to a very trustworthy friend at 8% that I could draw from at any time, so I did not feel destitute. I even fried up a T-bone steak once in a while on my little Primas type one-burner stove. It uses a one pound propane container available at any hardware store. They often have those propane cans on sale as a loss-leader.

Rent or mortgage payments are the biggest nut we have to crack. It was really quite an accomplishment and fun to have *that* expense down to zero.

Now I'm paying \$145 per month for lot rent for my mobile home. \$84 last month for heat. \$24 for electricity. \$29 for telephone.

\$15 for long distance carrier. And \$115 for my food. And plenty to the printing company. This is not my favorite way to fly. My savings and pension tend to flutter away from me much faster with all this overhead.

I consider the printing expense as an investment in my future. If my LFP work succeeds—I will have a much better world to live in. In addition to that, the PES-PIS work makes a better *today* for me. Try it! You'll like it!

### Hippie Co-op Grocery

I hope credit is given to the Hippie generation for starting the co-op grocery stores. They are wonderful places. They started out in Minneapolis just selling grain and sunflower seeds in bulk with no expensive packaging. They at first bought directly from organic farmers. I can remember paying just two cents per pound for wheat and corn.

They even had a co-op hardware store for a few years in Minneapolis. They sold the Corona Corn Mill<sup>1</sup> there and several other hand operated juicers, etc.

We no longer have a co-op grocery in Little Falls. I drove 30 miles to the Crow Wing Food Co-op in Brainerd. I ordered a 25 pound bag of organic yellow field corn for \$7.69. I often grind corn for cornmeal mush for breakfast.

I find it hard to believe the prices they charge for packaged breakfast food. From two to four dollars for a pound of dry ready to eat cereal.

I rotate between oats, corn and wheat for my breakfast cereal. Every other day I have an egg instead, in one form or another. Lately it has been an omelette. Sometimes it's whole wheat pancakes. I'm learning to cook good enough to suite me. My body seems satisfied with a fourth cup of grain. I grind this fairly fine, add three fourths cup of cold water, three little shakes of salt and cook it slowly and stir until it gets thick enough to eat with a fork. I don't use milk or sugar on it. This

<sup>1</sup> LFP #128 has a current distributor's address and prices.

way I must masticate it in order to swallow it. This mixes it with the enzymes in my saliva to start the digestion process right in my mouth. Years ago, I used to wash my food down with milk or other liquid. Hurry, hurry and more hurry, that was my Rat Race rule.

Today I figured out what my breakfast cereal cost me. I found that a quarter cup of corn kernels weighs almost two ounces. I'll get 200 servings out of that 25 pound bag of corn. That makes \$0.03845 cost for each of my breakfasts of corn. Can you imagine that! About 4 cents for a good whole-grain nourishing breakfast.

I've learned that my body works better if I have more fiber in my diet, so I stir in a fourth cup of wheat bran after the cereal is cooked. The bran weighs about three quarters of an ounce. That would make 21 servings per pound. The bran is \$0.45 per pound at the Good Earth Co-op in St. Cloud. That would make about two cents per serving for bran. With the bran it doesn't have quite as rich a flavor, but my bowels surely work better. Sometimes I add a tablespoon of peanut butter as soon as it thickens. This may balance the amino acids a little better and sweetens it. Sometimes I add raisins that have been soaked in water.

I was buying General Mills "Fiber One" for about \$3.50 per pound box and it works well. That has 15 servings per pound or \$0.23 per serving. But then you have to add milk and sugar in order to get it down. Some difference!

### First Time

On my 69th birthday I drove 50 miles to Powder Ridge Ski Area, at Kimball, MN. I decided to learn down-hill skiing. I didn't fall down even once that day. That was because they weren't open. It was too cold.

I went back after eight days of bitter cold. It was a nice day with sunshine. I chose the easiest hill and used the J-bar lift to get to the top. I had already read the first half of that how-to-ski book I got from the library. The first

trip down was the scariest. I fell once. An easy fall. I practiced the plow and took the hill back and forth and slopping only a little downward instead of pointing straight down. I got so I could turn on each side and zig-zag all the way down. Finally I shot straight down the last half and gained a lot of speed. The last time down I took the whole hill straight down. But I plowed the first part of the way to keep the speed down and went like 60 the rest of the way.

I'm glad I read the book first. It helped me understand what I needed to do. It is not all that difficult. With more practice I can see myself feeling a lot more at ease on my \$9.50 ski outfit. I could *not* have had more fun with \$200 skis and a \$200 ski costume.

#### Went Fishin'?

The day after I went skiing I went fishing on Fish Trap Lake. I caught two fish and threw them back. The longest one was three inches.

The next day I went to Rice Lake and caught only one fish. This one I kept. It was a sixteen inch Northern Pike. The next day I dipped half of it in whole wheat flour and fried it. Say! That was delicious. I had the other half the next day. Fish is so much better tasting when it is first caught.

Both days the sun was out and I was warmly dressed and not cold. My home-made ice chisel worked well but the holes I cut were at least two feet deep. If you've ever chopped a fish hole you know it was quite an exhausting job, but a great way to burn up cholesterol.

It was fun to be outdoors in the peace and quiet on the ice watching and waiting for the bobber to start bobbing, which it eventually did.

On Rice Lake I was the only person out there. I took time to observe the cloud formations, the woods around the lake and the flat snow covered lake.

The fish houses had already been removed. Not a living soul anywhere in sight. Some people might have felt lonely. But it is all in how you look at it. I liked the

privacy, peace and tranquility. For the time being, it was my own personal lake.

It's really a great Freedom to publish your own work. Then no one can tell you what you can or can not write. There is bound to be someone who will appreciate and enjoy reading it.

#### Book Review

THE CHAMBER, by John Grisham, Doubleday, 1994. This is an exciting novel about lawyers, hate, courts and death row. One gets an inside view of the prison system. This novel makes it easy to see that prisons don't rehabilitate criminals, it only punishes them. How long have people known that punishment is not an effective way to change people? This book demonstrates this.

Grisham describes a Ku Klux Klan member and his hateful racism and what it caused him to do. It reminded me of that old "divide and rule" scheme. I wonder if they incited the whites to hate the blacks before the slaves were freed or after? Was the KKK the System's first racism agent provocateur?

The PES-PIS promotes the idea of removing the "cause" of crime. The book doesn't even suggest this idea. Hardly anyone suggests removing the "cause" of problems. They mostly talk about cure. Someone a long time ago said, "An ounce of prevention is worth a pound of cure." Maybe people couldn't understand that simple truism. Or maybe it isn't as *Profitable* as diddling with the cure!

BEATING THE SYSTEM (The Next American Revolution) by Larry Roth, Living Cheap Press, 7232 Belleview, Kansas City, MO 64114 (\$17.95) 316 pages. Here is a man who managed to retire at age 46. It is full of ideas on why and how to retire early. He invested his savings in bonds. Many of his retirement methods are different than mine. But who can argue with success! "There is more than one way to skin a cat!" With his retirement method, he has more

money to play with, which many people may prefer. He left a \$70,000/yr job to get his Freedom, about a year ago.

It is very interesting reading and is well worth the money if you want more ideas on why and how to Escape the Rat Race at a younger age.

#### Underground Paper Reviews

Underground editors who are truly trying to share ideas, will gladly send you a free sample issue of their paper if you send them a stamp.

The money-grubbers won't. You don't want their papers anyway.

LIVING CHEAP NEWS, Larry Roth (same address as above book) #41 This newsletter is mostly reviews of books on the market that deal with cheap living and it also has a couple of tips.

MUDBALL RECORDS, Michael Cosma, Box 1054, Salem, OH 44460. 5 sheets. A very funky collage of some stories, graphics and reviews of cassettes that he sells. His #3 issue looks a little like LFP when it first started out.

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Madison, IN 47250-0032

#### Internet Address

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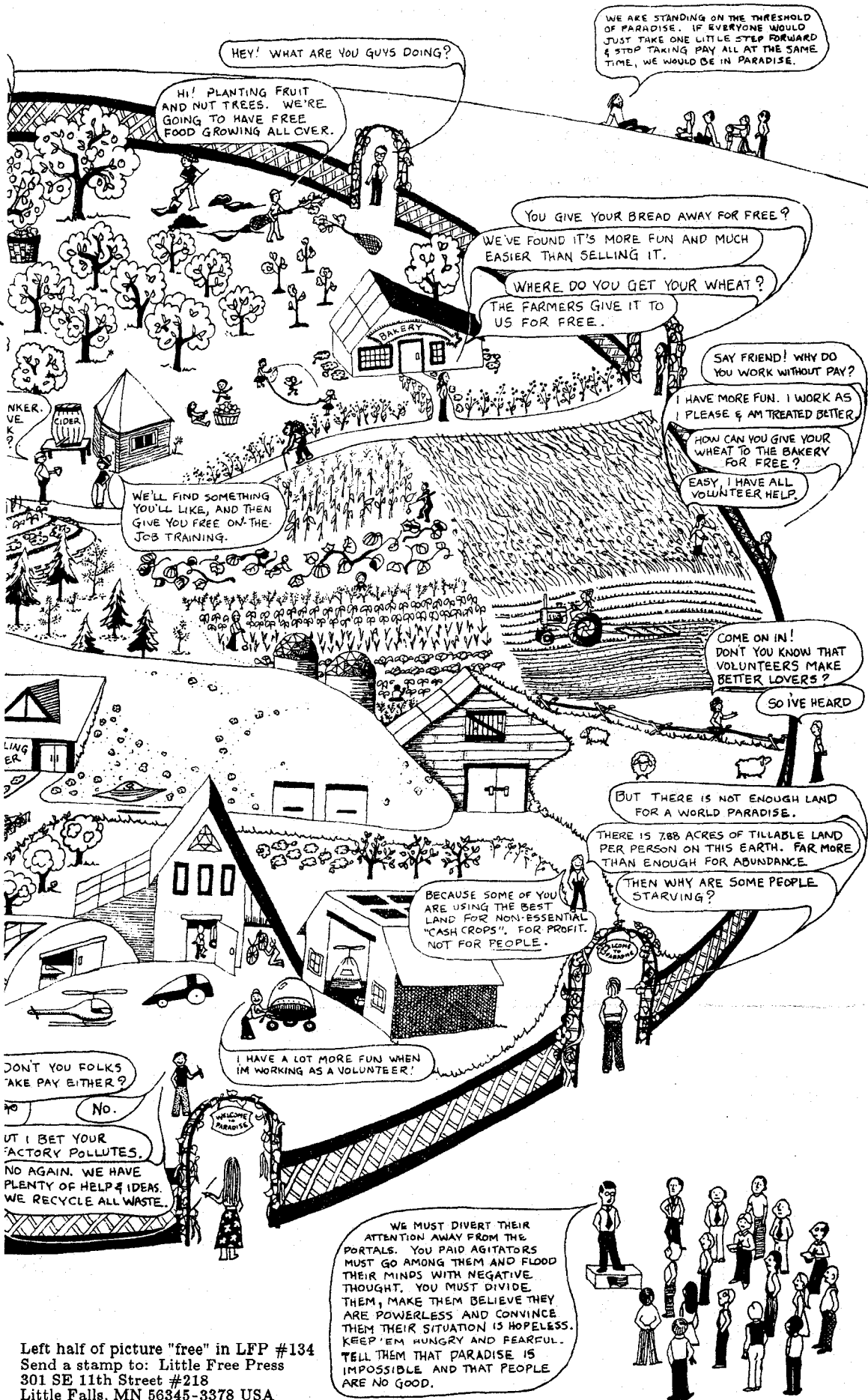
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Reprinting Permissible FREE  
2-12-96 Ernest Mann



HEY! WHAT ARE YOU GUYS DOING?

HI! PLANTING FRUIT AND NUT TREES. WE'RE GOING TO HAVE FREE FOOD GROWING ALL OVER.

WE ARE STANDING ON THE THRESHOLD OF PARADISE. IF EVERYONE WOULD JUST TAKE ONE LITTLE STEP FORWARD & STOP TAKING PAY ALL AT THE SAME TIME, WE WOULD BE IN PARADISE.

YOU GIVE YOUR BREAD AWAY FOR FREE? WE'VE FOUND IT'S MORE FUN AND MUCH EASIER THAN SELLING IT.

WHERE DO YOU GET YOUR WHEAT? THE FARMERS GIVE IT TO US FOR FREE.

SAY FRIEND! WHY DO YOU WORK WITHOUT PAY?

I HAVE MORE FUN. I WORK AS I PLEASE & AM TREATED BETTER.

HOW CAN YOU GIVE YOUR WHEAT TO THE BAKERY FOR FREE?

EASY, I HAVE ALL VOLUNTEER HELP.

WE'LL FIND SOMETHING YOU'LL LIKE, AND THEN GIVE YOU FREE ON-THE-JOB TRAINING.

COME ON IN! DON'T YOU KNOW THAT VOLUNTEERS MAKE BETTER LOVERS?

SO I'VE HEARD

BUT THERE IS NOT ENOUGH LAND FOR A WORLD PARADISE.

THERE IS 7,888 ACRES OF TILLABLE LAND PER PERSON ON THIS EARTH. FAR MORE THAN ENOUGH FOR ABUNDANCE.

THEN WHY ARE SOME PEOPLE STARVING?

BECAUSE SOME OF YOU ARE USING THE BEST LAND FOR NON-ESSENTIAL "CASH CROPS". FOR PROFIT. NOT FOR PEOPLE.

DON'T YOU FOLKS TAKE PAY EITHER?

No.

BUT I BET YOUR FACTORY POLLUTES. NO AGAIN, WE HAVE PLENTY OF HELP & IDEAS. WE RECYCLE ALL WASTE.

I HAVE A LOT MORE FUN WHEN I'M WORKING AS A VOLUNTEER!

WE MUST DIVERT THEIR ATTENTION AWAY FROM THE PORTALS. YOU PAID AGITATORS MUST GO AMONG THEM AND FLOOD THEIR MINDS WITH NEGATIVE THOUGHT. YOU MUST DIVIDE THEM, MAKE THEM BELIEVE THEY ARE POWERLESS AND CONVINCED THEIR SITUATION IS HOPELESS. KEEP 'EM HUNGRY AND FEARFUL. TELL THEM THAT PARADISE IS IMPOSSIBLE AND THAT PEOPLE ARE NO GOOD.

Left half of picture "free" in LFP #134  
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